



The California Department of Healthcare Services (DHCS) has directed funds to address the alarming increase in stimulant use, specifically methamphetamine and cocaine to:

- 1) improve the quality of services for patients in publicly-funded specialty substance use disorder (SUD) treatment,
- 2) increase implementation of evidence-based (EB) resources, and
- 3) support providers in specialty SUD settings with EB tools and strategies to more effectively deliver care.

DHCS, in partnership with Advocates for Human Potential (AHP) and UCLA Integrated Substance Abuse Programs (UCLA-ISAP), will therefore issue a Request for Applications (RFA) for SUD providers in specialty care settings to be trained and coached to deliver a manualized integrated, research-supported, multi-component evidence-based program, entitled TRUST*.

The TRUST manual (**T**reatment and **R**ecovery for **U**users of **S**timulants) includes the following evidence-supported strategies:

1. Motivational incentives, based on contingency management research
2. Elements of cognitive behavioral therapy (CBT)
3. Elements of community reinforcement approach (CRA)
4. Motivational interviewing (MI)
5. Physical exercise
6. Self-help (e.g., 12-Step; Moderation management; SMART Recovery; LifeRing Secular Recovery; Secular Organizations for Sobriety) participation encouraged

AHP is seeking ten (10) applicants to participate in a pilot workforce development and quality improvement opportunity to implement the TRUST protocol in two staggered cohorts between February 2021 – September 2022. All applicants will be selected in January, 2021, with Cohort 1 (5 sites) and Cohort 2 (5 separate sites) to begin training and implementation activities in February, 2021 and September, 2021 respectively. The project seeks to (1) evaluate the feasibility, utilization, and perceptions of an evidence-supported intervention at organizational, clinician and patient levels and (2) conduct quality improvement cycles to support adoption of evidence-based strategies.

Each site will be expected to commit a minimum of two (2) staff to be trained and supported with ongoing coaching/technical assistance to implement TRUST to 40 patients seeking treatment for stimulant use disorder. In order to measure feasibility, acceptability and experiences, sites will be required to track service delivery and patient retention during implementation and participate in pre/post-implementation data collection, including qualitative and brief surveys. Total project time will not exceed eighteen (18) months, depending on the rate of patient recruitment.

\$50,000 per successful applicant has been allocated for up to ten (10) specialty treatment programs using funds from the DHCS' Medication for Addiction Treatment (MAT) Expansion Program, State Opioid Response (SOR 2). AHP in partnership with the UCLA-ISAP is funded by DHCS to implement this evidence-based approach to enhance and improve the treatment experience of individuals with Psychoactive Stimulant Use Disorder (PSUD).

The release of the RFA is expected in early November 2020.

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