

Virtual Learning Collaborative - Focus on Youth

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Youth Opioid Response (YOR) California

March 1st & 2nd, 2022



Indigenous Land Acknowledgement

- We respectfully acknowledge that we live and work in territories where Indigenous nations and Tribal groups are traditional stewards of the land.
- Please join us in supporting efforts to affirm Tribal sovereignty across what is now known as California and in displaying respect, honor and gratitude for all Indigenous people.

Whose land are you on?

Option 1: Text your zip code to 1-855-917-5263

Option 2: Enter your location at <https://native-land.ca>

Option 3: Access Native Land website via QR Code:



March is
Women's
History
Month



See <https://nationalwomenshistoryalliance.org/2022-theme/> for more information

The use of affirming language inspires hope and advances recovery.

LANGUAGE MATTERS.

Words have power.

PEOPLE FIRST.

The ATTC Network uses affirming language to promote the promises of recovery by advancing evidence-based and culturally informed practices.



ATTC

Addiction Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

Disclosures

There are no relevant financial relationships with ACCME-defined commercial interests for anyone who was in control of the content of this activity.



YOR CALIFORNIA
California Youth Opioid Response

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Creating Comprehensive Treatment for Youth

Selected Barriers to Youth Access

- Stigma and Discrimination
- Inadequate screening, assessment and access points and mis-perceptions related to perceived need
- Few youth-specific, youth relevant early intervention, treatment and recovery support resources
- Parental consent for medications for most minors
- Few meaningful strategies to address ACEs and Social Determinants of Health
- Silos and lack of meaningful collaborative systems between youth-serving agencies, health providers and behavioral health providers





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Youth Responsive Treatment



Developmentally relevant

Addresses unique experiences, interests, motivations

EBPs with fidelity for youth

Strength-based

Comprehensive

Trauma-informed

Family involvement

Provided in an environment in which they are comfortable.



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Practicing Cultural Humility

Connecting

Assessing

Acknowledging

Appreciating

Kernels of truth

Spirit and not
ego

Curiosity

Openness

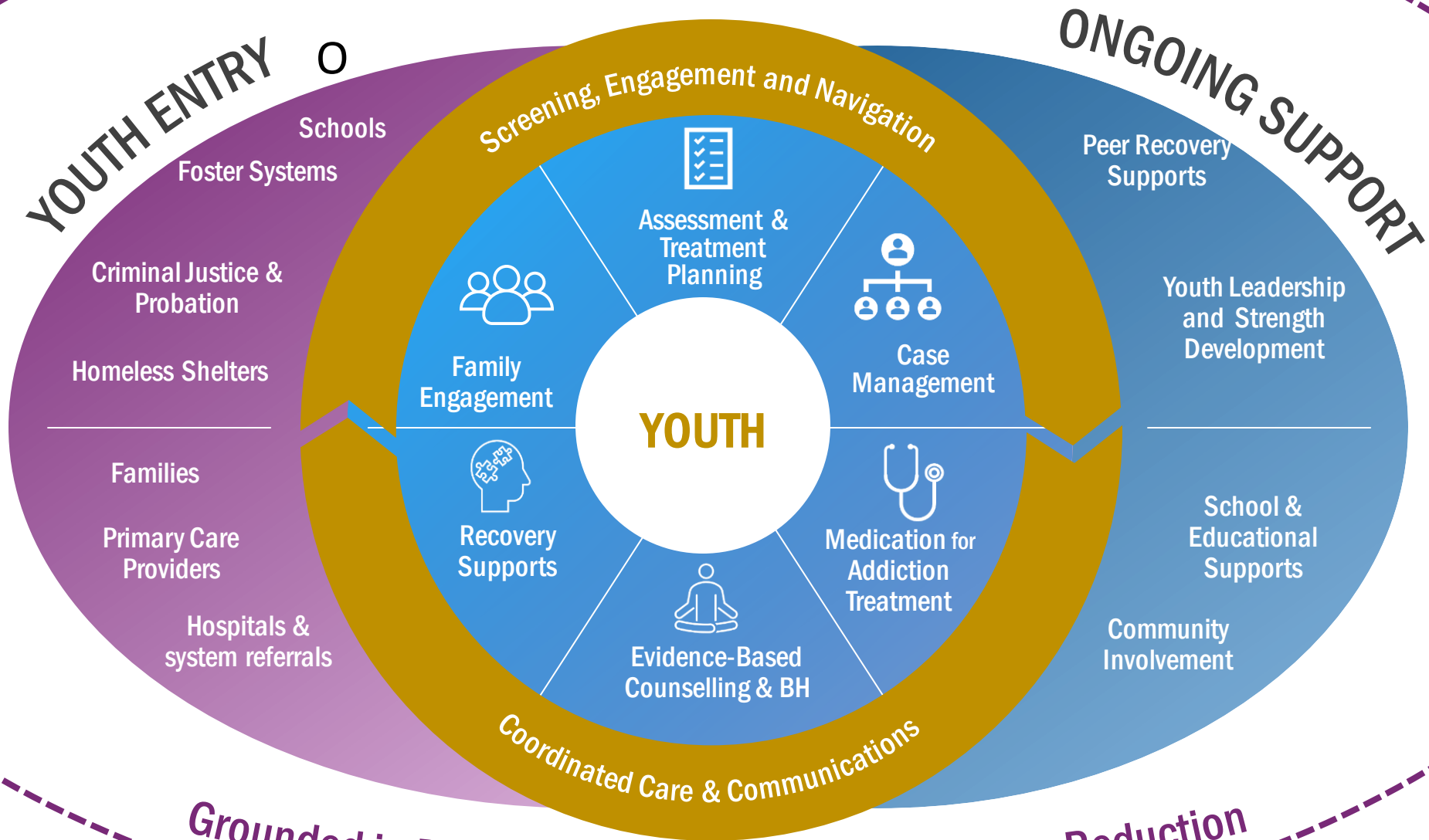
Non-judgment

Skill Building



- Drug Resistance Skills
- Problem Solving/Leadership
- Communication
- Emotional Awareness & Regulation
- Self-Efficacy

Culturally Competent, Age-Appropriate, & Trauma Informed



Use EBPs with Fidelity for Youth Selected Evidence-Based Behavioral Therapies



- Screening, Brief Interventions and Referral to Treatment (SBIRT)
- Medications for Addiction Treatment
- Cognitive Behavioral Therapies (manualized curricula with sufficient research)
- Contingency Management
- Dialectic Behavioral Therapy
- Family Services (CRAFT, MSFT)
- Adolescent Community Re-Enforcement Approach
- Trauma Intervention Services
- Peer Supports
- Recovery Schools



American Academy of Pediatrics on MAT



The American Academy of Pediatrics (AAP) advocates for increasing resources to improve access to medication-assisted treatment of opioid-addicted adolescents and young adults.

American Academy of Pediatrics, Committee on Substance Use and Prevention, Pediatrics September 2016, 138 (3) e20161893; DOI: doi: 10.1542/peds.2016-1893

Medication Options for Youth with OUD



Timely receipt of buprenorphine, naltrexone, or methadone is associated with greater retention in care among youths with OUD compared with behavioral treatment only (retrospective study)

(Hadland, S. E., Bagley, S. M., Rodean, J., Silverstein, M., Levy, S., Larochelle, M. R., . Zima, B.T. (2018, November). *JAMA Pediatrics*, 172(11), 1029-1037. doi: 10.1001/jamapediatrics.2018.2143

MAT can stabilize reward circuitry

- better retention in treatment and more abstinence
- greater ability to engage in and benefit from psychosocial treatments

Emily Tejani, MD, YOR California Learning Collaborative, October 10, 2019

Creating Pathways





Silos



The perfect salad



YOR Grantee Experience

Alexa Curtis – Granite Wellness



Quality Improvement Data and PDSA

Regional Hub and Spoke QI Reports Available for Download

https://drive.google.com/drive/folders/1gWxJuleeKD8hnCAOFJAAbIB_Y8-5crk8?usp=sharing

QI Presenters for May 31st LC Northern California Region

Kimaw Medical Center

Waterfront Recovery Services

Mendocino Community Health Clinic (Hillside Health Ctr)

Shasta Community Health Center (Redding)

QI Presenters for May 31st LC Capital Region

County of Butte - Department of Behavioral Health (Oroville)

Plumas District Hospital

Marshall Medical Center - DWC

CommuniCare Health Centers (Salud Clinic)

QI Presenters for June 1st LC Bay Area/Mid-State Region

La Clinica de La Raza

Marin Treatment Center

San Joaquin General Hospital

Santa Cruz Community Health Centers

QI Presenters for June 1st LC Southern California Region

Los Angeles LGBT Center

Wesley Health Centers (Vermont) - JWCH

Family Health Centers of San Diego

San Diego Health Alliance dba El Cajon Treatment Center

Next Steps

- Complete your CE evaluation this week if possible
- Request additional training/TA as needed
- Attend next week's coaching call
- Review QI reports
- 2022 LC Schedule
 - May 31/June 1- Planning for Sustainability
 - September 8/9 2022 (tentative)- SOR2 Learning Collaborative Conference, Sacramento (details coming soon)
- Next H&S Webinar: Tuesday, May 10, 12-1pm. Best Practices in Sustainability.



ASIS-TTA

Opioid and Stimulant Implementation Support
Training and Technical Assistance

CASE-BASED MAT ECHO CLINICS

- Two Monthly ECHO Clinics
 - General and Tribal
- Clinical Case Reviews
- Trauma Informed Approach

MONTHLY STATEWIDE WEB TRAININGS

- Treating SUD in Primary Care
- Managing Complex Clinical Needs
- Addressing Stimulants & Fentanyl

ON-DEMAND LEARNING EARN FREE CME/CE

- Fundamentals of MAT
- Buprenorphine Starts
- MAT in Special Populations



QUARTERLY TRIBAL PROVIDER TRAININGS

- Tribal Health Issues
- Culturally Informed Strategies
- Rural and Urban Settings

DIRECT MENTORSHIP & CONSULTATION

- Individualized Support from Expert Consultants
- One-on-One Mentorship by Phone or Video Conference

CALIFORNIA HUB AND SPOKE IMPLEMENTATION SUPPORT

- Learning Collaboratives
- Direct Technical Assistance
- Enhancing Access to Care
- Ensuring Sustainability

OASIS-TTA SERVICES ARE FREE

To register, request services, or learn more visit

www.uclaisap.org/oasis-tta