

# Breakout Room Activity

Northern California Region - May 31, 2022 (10:00 am - 12:00 pm)

***Please record your notes on your breakout room slide.***



# Breakout Room 1:

## What are your key takeaways from your review of the PSAT?

- Can do a bridge between urgent care and x-waivered prescribers
- Continue to do what they are doing (not many patients on grant currently)
- Might struggle to hold onto bup. patients after grant ends for people without insurance

## Choose one area where you plan to take action for the sustainability of your program.

- Continue to take medi-cal/other insurances, go to community events
- Tele health visits and curbside appointments
- Talks with/educate grant patients early on to save up money for if grant funding ends or help find another provider

## Discuss the actions you can take to improve sustainability in that area.

- Make sure to stay connected with community (outreach)
- Need medi-cal to cover buprenorphine (some counties do and some don't)
- Expand behavioral health and resources within clinic

# Breakout Room 2:

## What are your key takeaways from your review of the PSAT?

- Funding is continually important.
- Taking stock of the direction different programs are going is critical, as well as being able to adjust for sustainability purposes.
- Alternative sources of funding in the community can provide needed support, like philanthropy groups and community leaders.

## Choose one area where you plan to take action for the sustainability of your program.

- Conducting a thorough survey.
- Breaking down what things are going well and what isn't in order to move forward effectively.
- Celebrating small and large successes.
- Contingency management - look at how to implement.

## Discuss the actions you can take to improve sustainability in that area.

- Going straight to the funder.
- Looking at different types of medications.
- Take survey to each MAT group you're working with.
- Get reimbursement from Medi-Cal.
- Find funding for suboxone prescription - not enough in grants.

# Breakout Room 3:

## What are your key takeaways from your review of the PSAT?

- More community support - referral places for higher level of care
- More inpatient / emergency acute services
- Funding stability - Grants

## Choose one area where you plan to take action for the sustainability of your program.

- Funding
- Staffing

## Discuss the actions you can take to improve sustainability in that area.

- TOR Grant proposal
- QI Component how to improve the program/make it better
- Program adaptation
- Continue focus on harm reduction

# Breakout Room 4:

## What are your key takeaways from your review of the PSAT?

- Waterfront Recovery Services: The outreach has fallen by the wayside due to significant staff transitions. Leadership is stabilized so we can reconnect back into the community. Need to connect more with other programs, build MOUs.
- MCHC: Learned we do not have a lot of necessary community partnerships. We aren't out there very much. Seeing that there is a barrier when it comes to general knowledge about programs in the community. The information isn't out there.
- MCC: Looked at some of outreach we've been doing; discovered we do have good connections on the coast because we're small, but need to expand more into the inland. Think there is a need for a standardized process for telehealth.

## Choose one area where you plan to take action for the sustainability of your program.

- Waterfront Recovery Services: There is a lot of siloing and competitiveness in community; want to do more collaborations.
- MCHC: Collaboration and partnerships. Also seeing a lot of competitiveness and want to actually expand instead of siloing.
- MCC: Expand beyond the coast to the inland to spread out and find more patients.

## Discuss the actions you can take to improve sustainability in that area.

- Waterfront Recovery Services: Recovery focused events; connect to probation services. Build a strategic plan across community providers. Connect with other program directors.
- MCHC: Going to jump out and do immediate outreach into the community. AHP Can send an asset mapping tool to quickly identify stakeholders to build partnerships.
- MCC: In the process of hiring another MAT provider to expand more services and find more patients. Also expand to Hispanic, Indigenous populations. Hired a part-time provider that's bilingual; already embedded in Hispanic Community. Also launching large bilingual ad campaign.

# Breakout Room 5:

## What are your key takeaways from your review of the PSAT?

- Everyone is struggling with primary care clinic setting.
- Some clinics looking to getting their own doctors.
- We do a lot of home induction and that has been helping, the induction is where the doctor/clinic doesn't have time to wait for the patient to detox, so we give them some medication to try and detox at their own home. And that has worked a few times.

## Discuss the actions you can take to improve sustainability in that area.

### Choose one area where you plan to take action for the sustainability of your program.

- We have a MAT building that used to be rest home. Will develop a parking-lot / drive-in for services. Would be a perfect venue to start a program.
  - We'd like to get a telehealth going, we have grant funding for that so it should be easy. To take care of all sorts of mental health needs.
- If we had more support staff, we could meet more client's where they're at. Things like home visits could be beneficial. A lot of clients don't have methods of transport like a car or license. Sustainability would be extra staffing to accommodate everyone's needs.
  - Our clinic has 3 staff members, a lot of our staff is spent out in the field. Now I feel going out in the field is the way it should be, connections with clients feels a lot better this way. The interaction and understanding is a lot different in a client's home.

# Breakout Room 6:

## What are your key takeaways from your review of the PSAT?

- Will look at it with team tomorrow;
- Rural area, so program will be sustainable; have administrative and provider buy in to the program

## Choose one area where you plan to take action for the sustainability of your program.

- Patient assistance programs to help with costs of meds
- Working on getting their own pharmacy to assist patients to continue meds when they can't afford
- CAL AIM
- Increase patient capacity

## Discuss the actions you can take to improve sustainability in that area.

- Increasing case management services
- More community outreach, law enforcement engagement, emergency services, community center
- Mobile MAT services - go to the people.