

# Breakout Room Activity

Southern California Region - March 2, 2022 (1:00 pm - 3:00 pm)

***Please record your notes on your breakout room slide.***



# Breakout Room 1:

**What types of collaborations have been successful in engaging youth in treatment? (*YOR grantees please begin the discussion*).**

- Collaboration with homeless providers; this has been really successful.
- Finding other providers to fill service gaps.
- Collaborate with groups that serve youth.

**What are any facilitators or barriers that you've encountered in treating youth?**

- Resistance to opioid treatment in general (especially in schools)
- Staff turnover has been tough (no staff to provide services)
- Large desire for services; following up in a timely manner is key
- Build trust with schools to allow the discussion (build relationships)
  - People are resistant to news on opioids
    - Don't want to talk about it (then they will know about - much like thoughts on sex education).

**What steps can you take to improve your program's capacity to treat youth in your community?**

- Building relationships
- Build staff capacity - make sure staff is available to handle referral etc.
- Remove the stigma; address trauma; opportunity to educate
  - Hesitancy is related to stigma and lack of education

# Breakout Room 2:

**What types of collaborations have been successful in engaging youth in treatment? (*YOR grantees please begin the discussion*).**

- Schools and homeless programs.
- Connecting with existing youth advisory
- Looking at services that might intersect; Outreach to Safe Place for Youth; mutual aid groups, encampments
- Outreach during Super Bowl for victims of sex trafficking
- Fr. Joe's Village, collaborating with schools, invite students, increase awareness of support for substance use, psychoeducation and prevention with people experiencing homelessness
- Who are the key informants/spokespeople, influencers

**What are any facilitators or barriers that you've encountered in treating youth?**

- Connecting with students using opioids
- Covid and difficulty connecting in person

**What steps can you take to improve your program's capacity to treat youth in your community?**

- Building staff with a youth focus; investigate peer support, peer mentors
- Outreach to Safe Place for Youth; mutual aid groups, encampments

# Breakout Room 3:

**What types of collaborations have been successful in engaging youth in treatment? (YOR grantees please begin the discussion).**

- Collaborative stakeholder meetings - are getting some youth patients. Reaching out to religious/community groups.
  - Getting to know the right people at the right time
  - Have to constantly be reminding the community
- Getting referrals from ED for young adults
- Younger patients coming in with parents who are concerned

**What are any facilitators or barriers that you've encountered in treating youth?**

- Hard to get youth into treatment and those who are in need
  - Not in schools and not in programs, don't want to be found, some are homeless
- Facility does not work with youth - and haven't had the opportunity
- Young patients are in college - sometimes have to leave school
- When pt are discharged from ED difficult to enroll because don't do detox in-house - limitation, hard time tracking them down
  - Bridge navigators to help connect

**What steps can you take to improve your program's capacity to treat youth in your community?**

- Try reaching out to colleges and see if they have medical department (student services) currently missing out on outreach
- Reaching out to homeless agencies to go out into the community to get services out
- Take this information back to organizations and let them know where youth resources are at
- Systemic change that needs to happen - orgs interested in helping youth but there needs to be more structure/support

# Breakout Room 4:

**What types of collaborations have been successful in engaging youth in treatment? (*YOR grantees please begin the discussion*).**

- Connecting with hospitals(emergency departments)
- Youth Advisory Board utilizing youth with lived experience
- Focusing on family unit and their youth in treatment
- Schools

**What are any facilitators or barriers that you've encountered in treating youth?**

- Approaching youth due to difference in generations
- Parent consent

**What steps can you take to improve your program's capacity to treat youth in your community?**

- Improving outreach for youth services
- Increasing internal communication between providers

# Breakout Room 5:

**What types of collaborations have been successful in engaging youth in treatment? (YOR grantees please begin the discussion).**

- Outreach at local HS. during lunch hour with students. Engage with rewards with the students such as chips, treats and such. Narcan distribution once a month for the whole community, 2 and a half hours during schools.
- Behavioral health providers noted in schools, HS and Comm College

**What are any facilitators or barriers that you've encountered in treating youth?**

- Struggle with connections i.e. peers without homes, not affiliated with the program, lack of providing MAT (no youths treated under MAT)
- Resistance from kids to attend.

**What steps can you take to improve your program's capacity to treat youth in your community?**

- At this time our program is doing well.

# Breakout Room 6:

**What types of collaborations have been successful in engaging youth in treatment? (*YOR grantees please begin the discussion*).**

- Partnerships
- Building relationships with community members and government organizations.
- Working with family members is important as well.

**What are any facilitators or barriers that you've encountered in treating youth?**

- Family members are sometimes also using drugs, which makes it more difficult.
- Environment makes a huge difference
- Lack of support system
- Lack of Providers available for pediatric patients
- Easier to get medication rather than go through the hard work that counseling requires.
- Loss of staff during pandemic

**What steps can you take to improve your program's capacity to treat youth in your community?**

- Work hard to find your target audience.
- Retention of patients, engaging and keeping them in treatment