## **Twelfth Statewide Conference**

# INTEGRATING SUBSTANCE USE, MENTAL HEALTH, AND PRIMARY CARE SERVICES: INTEGRATION FROM THE GROUND UP



## **Hilton Universal City Hotel at Universal City**

555 Universal Hollywood Drive Universal City, California 91608

October 28-29, 2015

























## Conference Overview

## **Conference Goals**

The 12th Annual Statewide Integrated Care Conference will be held in Universal City, California, at the Hilton Universal Hotel on October 28-29, 2015. This year's conference theme is "Integrating Substance Use, Mental Health, and Primary Care Services: Integration from the Ground Up."

The neighborhoods we live in influence our behaviors and affect our health in profound ways. Social and economic factors in our communities are linked to mortality, chronic conditions, health behaviors, mental health status, and substance use. Through the conference, we hope to bring together physical health, mental health, and substance use disorder treatment providers to strengthen partnerships and inform innovative services across our diverse communities.

For our opening plenary, we are honored to welcome the Director of the White House Office of National Drug Control Policy, Michael Botticelli, the first person in long-term recovery, and the first openly gay man to hold this office. Other plenary sessions will explore "customer service" in integrated health care and the importance and logistics of diversion with criminal justice populations.

This year, we have created thematic tracks that recognize the importance of addressing the needs of specific populations and of system transformation. Attendees may follow tracks (LGBT issues, primary healthcare, children and transition-age youth, and service integration) through the breakout sessions, or mix and match content to meet their own needs. All workshop presenters will address how their specific topic area relates to the theme of integration from the ground up.

Meeting the needs of our communities means providing safe, effective, well-coordinated services that address the unique needs, values and cultures of those served. In this 12th Statewide Conference, we seek to further this goal within the context of the enormous transformation in health care delivery taking place statewide, and nationally, as we implement the Affordable Care Act. We seek to help providers to improve access to and coordination of care among mental health, substance use, health, criminal justice, education, child welfare, and other providers.

To this end, the conference goals are as follows:

- To facilitate attendees' ability to coordinate services to improve healthcare integration and collaboration for mental health, primary care, and substance use disorder services.
- To help attendees identify the characteristics of services and providers that best support health, wellness, and recovery.
- To assist attendees in identifying emerging best practices for treating the complex needs of those with co-morbidities and strategies for implementation.
- To provide attendees with valuable "take-home" skills that can be implemented immediately.

The 2015 Statewide Conference is, again, a 'green event.' All planning and execution efforts have been done with mindfulness toward our environment and resource sustainability. Conference planning, marketing, publicity, invitations and registration were created with this standard at the forefront. Attendees and Speakers are strongly encouraged to utilize electronic media for viewing hand-outs

## Conference Day 1

## Conference Agenda October 28, 2015

7:30 am—8:30 am Continental Breakfast/Registration

8:30 am—9:00 am Welcoming and Introductions

Roderick Shaner, MD, Los Angeles County Department of Mental Health Marvin Southard, DSW, Los Angeles County Department of Mental Health

9:00 am—9:30 am Plenary Session:

Anne Herron, MS, Substance Abuse and Mental Health Services Administration

9:30 am—10:30 am Plenary Session:

**TBA** 

Director Michael Botticelli, White House Office of National Drug Control Policy

**Recognition Award** presented to Walter Ling, MD, Founding Director of the UCLA Integrated Substance Abuse Programs

10:30 am—11:00 am Break

11:00 am—12:30 pm Workshops: Session I

A. Developing a New Understanding: Using Dialectical Behavioral Therapy (DBT) to Address Emotional Dysregulation and Substance Use

**Alina Gorgorian, PhD**, Clearview Treatment Programs; and **Michael Roy, LCSW**, Clearview Treatment Programs

- B. Unseen Wounds: Addressing PTSD Among Veterans Steven Ganzell, PhD, U.S. Department of Veterans Affairs
- C. Culturally Responsive Treatment for LGBT Clients
  Thomas E. Freese, PhD, UCLA Integrated Substance Abuse Programs
- D. Alcohol and Drugs Baby Boomers Never Left the Party: Providing Effective SUD Treatment to Older Adults

José C. Salazar, DrPH, Tarzana Treatment Center

- E. What You Need to Know About Adolescent Alcohol and Marijuana Use Rachel Gonzales, PhD, MPH, UCLA Integrated Substance Abuse Programs; and Mayra Schulte, PhD, UCLA Integrated Substance Abuse Programs
- F. eConsult: Utilizing Technology to Bridge the Integration Gap
  Christopher Benitez, MD, Los Angeles County Department of Mental Health; Clayton Chau,
  MD, PhD, L.A. Care Health Plan; Ricardo Mendoza, MD, Los Angeles County Department of
  Mental Health; and Gary Tsai, MD, Los Angeles County Department of Public Health,
  Substance Abuse Prevention and Control
- G. Infants of Substance Abusing Mothers: What Do We Know and What Do we Do?

  Lyn Laboriel, MD, FASD Clinic at Violence Intervention Program
- H. Integration from the Ground Up: Successful Strategies and Outcomes

  Debbie Innes-Gomberg, PhD, Los Angeles County Department of Mental Health; Lezlie

  Murch, LCSW, Exodus Recovery; and Mariko Kahn, LMFT, Pacific Asian Counseling Services
- I. Housing for Health

Maria Funk, PhD, Los Angeles County Department of Mental Health; Glenda Pinney, Los Angeles County Department of Public Health, Substance Abuse Prevention and Control; and Marc Trotz, Los Angeles County Department of Health Services

## Conference Day 1

SAMHSA.

## **Conference Agenda** October 28, 2015 (continued)

12:30 pm—1:30 pm Lunch

1:30 pm—1:45 pm Break

1:45 pm—3:15 pm Plenary Session:

**Value Based Care to Support Your Business Case** 

David R. Lloyd, MTM Services, National Council for Behavioral Health

3:15 pm—3:30 pm Break

#### 3:30 pm—5:00 pm Workshops: Session II

- J. Leadership Skills to Support Value of Care **David R. Lloyd**, MTM Services, National Council for Behavioral Health
- K. A Panel Discussion with LGBT Youth: Integrated Care Issues Marta Alquijay, PhD, Los Angeles County Department of Mental Health; and Sermed Alkass, PhD, Los Angeles County Department of Mental Health
- L. We Need to Get It Right: Suicide Prevention Using the Columbia—Suicide Severity Rating Scale, a Brief Evidence-Based Assessment Kelly Posner, PhD, Center for Suicide Risk Assessment, New York State Psychiatric Institute
- M. Trauma Informed Care in the Integrated Primary Care Setting Elisa A. Nicholas, MD, MSPH, The Children's Clinic
- N. Voices of Recovery: Our Models of Success Moderator: Helena Ditko, LCSW, Los Angeles County Department of Mental Health Panelists: To be announced
- O. Opioid Treatment Medications: Implementation Challenges Keith Heinzerling, MD, MPH, UCLA David Geffen School of Medicine
- P. Integration Challenges and Opportunities

**Moderator: Tom Renfree**, County Behavioral Health Directors Association of California; Kenneth M. Bachrach, PhD, Tarzana Treatment Centers; Peter Currie, MD, Inland Empire Health Plan; and Tara Shepard, MA, County of Modoc Health Services

- Q. Meeting the Needs of Transgender Clients Elise Turen, PhD, Los Angeles Gender Center
- R. Integration of Services for Justice-Involved Clients

**Debra Buckles**, Behavioral Health and Recovery Services, Stanislaus County; Veronica Kelley, San Bernardino County Department of Behavioral Health; and Other presenters, to be announced

Funding for this conference was made possible by the Department of Mental Health - UCLA Contract #MH010106, supported through MHSA Innovation Training Funds. This conference was also supported by cooperative agreement 1 UR1 TI024242-04 from the Substance Abuse and Mental Health Services Administration. The conference contents are solely the responsibility of LA County Conference Day 1 Department of Mental Health, UCLA ISAP, the Pacific Southwest ATTC, and the ICC Planning Committee and do not necessarily represent the official views of

## Conference Day 2

Conference Agenda
October 29, 2015

7:30 am—8:30 am Continental Breakfast/Registration

8:30 am—9:00 am Opening Remarks

**TBD** 

9:00 am—10:30 am Plenary Panel Discussion:

From Incarceration to Treatment and Recovery: Diversion Policy and Practice That Works

**Moderator: Louise McCarthy**, Community Clinic Association of Los Angeles County

Judge Stephen V. Manely, Mental Health Treatment Court, Santa Clara County

William Hodgman, Assistant District Attorney

**Terri McDonald,** Los Angeles County Sheriff's Department

Marvin Southard, DSW, Los Angeles County Department of Mental Health

10:30 am—10:45 am Break

### 10:45 am—12:15 pm Workshops: Session III

- S. Understanding and Intervening in Intimate Partner Violence: A Culturally Competent Approach
  - **Susan Holt, PsyD**, Los Angeles LGBT Center
- T. Commercial Sexual Exploitation of Children: A Holistic Approach to Treatment Barbara Hernandez PsyD, LMFT, Crittenton Services for Children & Families; and Myla Lampkin, Los Angeles County Department of Mental Health
- U. It's Promising, but It's Not a Panacea: Current Evidence about Using PrEP and PEP as Tools to Address the HIV Epidemic
  - Robert Bolan, MD, Los Angeles LGBT Center
- V. Implementation of Long Acting Naltrexone (Vivitrol): Pitfalls and Progress

  Desiree Crèvecoeur-MacPhail, PhD, University of California, Los Angeles; and Gary Tsai, MD,

  Los Angeles County Department of Public Health, Substance Abuse Prevention and Control
- W. Student Health to Campus Wellness: LAUSD Tale of Transformation
  Maryjane Puffer, BSN, MPA, Los Angeles Trust for Children's Health; and Kimberly Uyeda, MD,
  MPH, Los Angeles Unified School District
- X. Electronic Cigarettes: Where There's Smoke, is there Fire?

  Sara Kalkhoran, MD, MAS, University of California, San Francisco
- Y. Beyond Language: Integrated Services through an Innovative Cultural Lens
  Moderator: Earleen D. Parson, Los Angeles County Department of Mental Health
  Panelists: Arpe Asaturyan, Didi Hirsch Community Mental Health; Carrie Johnson, PhD, United
  American Indian Involvement; Mariko Kahn, LMFT, Pacific Asian Counseling Services; Lorraine
  Ragosta, LMFT, Tarzana Treatment Centers; Gloria Sistos, Tarzana Treatment Centers; and
  Kendra Wilkins, MSW, University Muslim Medical Clinic
- Z. Health Neighborhoods

Moderator: Edward Vidaurri, LCSW, Los Angeles County Department of Mental Health

AA.Bringing SUD Services to the Integrated Care Table: Expanded Drug Medi-Cal Benefit
Karen Baylor, PhD, LMFT, Mental Health and Substance Use Disorder Services, California Department of Health Care Services; and Patricia Ryan, County Behavioral
Health Directors Association of California

Conference Day 2

# Conference Information

## **Conference Planning Committee**

Sermed Alkass, Los Angeles County DMH

Francesca Anello, Los Angeles County DMH

Michele Archambeault, Los Angeles County DMH

**Ken Bachrach**, Tarzana Treatment Centers

Karen Bernstein, Los Angeles County DHS

Verda Bradley, Los Angeles County DPH, SAPC

Beth Briscoe, Los Angeles County DMH

Maria Castro, UCLA ISAP

Sam Chan, Los Angeles County DMH

Joy Chudzynski, UCLA ISAP

Valerie Curtis, Los Angeles County DMH

Darien De Lu, Dept. of Health Care Services

Carol Falender, Pepperdine University

Thomas Freese, UCLA ISAP

Adrienne Gee, Los Angeles County DMH

Suzanne Holland, Los Angeles County DMH

**Grant Hovik**, UCLA ISAP

Mandy Johnson, Integrated Behavioral Health Project

**Erynne Jones**, California Primary Care Association

Diane Kubrin, Los Angeles LGBT Center

**Sherry Larkins**, UCLA ISAP

Holly McCravey, Los Angeles County DPH, SAPC

Christine Oh, Los Angeles County DPH, SAPC

Mike Rizzo, Los Angeles LGBT Center

Lise Ruiz, Los Angeles County DMH

Beth Rutkowski, UCLA ISAP

John Sheehe, Los Angeles County DMH

Cynthia Song Mayeda, Los Angeles County DPH, Tobacco

**Control and Prevention Program** 

Joycelyn Whiten, Los Angeles County DPH

## **Continuing Education Information**

**Corrections Personnel:** The 12th Statewide Conference qualifies as work-related education (WRE) through the Board of State and Community Corrections' Standards and Training for Corrections (STC) Program. Interested individuals can apply for training credit through their respective training units.

**Drug & Alcohol Counselors:** UCLA Integrated Substance Abuse Programs is an approved provider of CE credits/contact hours for RADTs I/II, CADCs-CASs, CADCs I/II, CADCs-CSs, and LAADCs (CFAAP/CCAPP, 2N-00-445-1115) and CATCs (ACCBC/CAADE, CP 20 903 C 0816). Up to 9.0 CE credits/contact hours will be offered.

**LMFTs, LPCCs, LEPs, & LCSWs:** UCLA Integrated Substance Abuse Programs is approved by the California Board of Behavioral Sciences to offer up to 9.0 CE credits/contact hours to LMFTs, LPCCs, LEPs, and LCSWs (PCE# 2001).

**Psychologists\*:** UCLA Integrated Substance Abuse Programs (ISAP) is approved by the American Psychological Association to sponsor continuing education for psychologists. UCLA ISAP maintains responsibility for this program and its content. Up to 9.0 CE credits will be offered.

Physicians, Physician Assistants, and Nurse Practitioners\*: Community Health Partnership is accredited by the Institute for Medical Quality/California Medical Association (IMQ/CMA) to provide continuing medical education for physicians and nurse practitioners. Community Health Partnership takes responsibility for the content, quality, and scientific integrity of this CME activity. Community Health Partnership designates this educational activity for a maximum of 9.0 AMA PRA Category 1 Credit(s) $^{\text{TM}}$ . Physicians and nurse practitioners

should only claim credit commensurate with the extent of their participation in the activity. This credit may also be applied to the CMA Certification in Continuing Medical Education.

**Registered Nurses\*** Provider approved by the California Board of Registered Nursing, Provider #15455, for up to 9.0 contact hours.

\*A listing of the specific sessions eligible for continuing education for psychologists, registered nurses, physicians, physician assistants, and nurse practitioners will be indicated in the final conference program.

**Continuing Education** 



## **Conference Registration Form**

#### Please print clearly

Name:						
(First)		(Middle)		(Last)		
Degree (s):_			Title:			
Organizatio	n:					<del>_</del>
Address:						<u>-</u>
City:			State:	<del>_</del>	Zip:	
County (ex.	Los Angeles Cou	inty, Modesto Co	unty, etc):			
Phone: Fax: _		ax:		E-mail:		
Please specif	y types) of contin	uing education (ch	eck all that apply	<i>ı</i> ):		
CME-MD	CME-DO	CME-NP	CME-PA	PSY	RN	
LCSW	LMFT	LPCC/LEP	RADT I/II	CADC-CAS	CADC I/II	
CATC	LAADC	CADC-CAS	Other			
License/Cer	tification # (regi	uired for CE's):				
						shon title:
			or each session by writing in the letter next to the w n II: Day 2, Session III:			
Special requi	rements (e.g., ve	getarian, American	Sign Language Ir	nterpreter, ADA ac	cessibility, etc.):	
Please specif	y your primary e	nployment setting:	•			
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Superv	isor's Name		Supervi	sor's Signature		
Note to LACE	OMH employees: 1	The discounted reg	istration fee is av	railable on a first-c	come, first-serve bas	is. Conference
_		med (via email) on SW at JSheehe@dn		received your pa	yment. For addition	al questions, please feel
Exhibit Tab			7.00			\$400
		vailable (includes	one registration	) We encourage	agencies to share	information about their

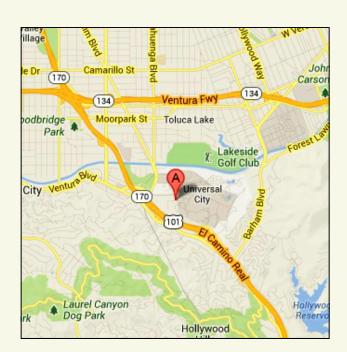
Space for exhibit tables is available (includes one registration). We encourage agencies to share information about their programs and advertise job openings.

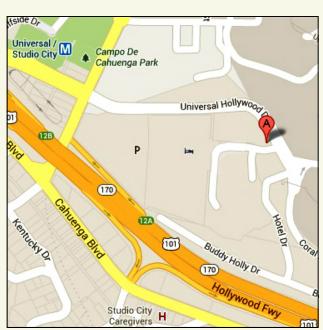
### TOTAL ENCLOSED: \$

#### Make checks payable to: UC Regents

Mail this form and payment to: **UCLA ISAP**, 11075 Santa Monica Blvd, Suite 200, Los Angeles, CA 90025 Attn: Jessica Sinks. Or fax this form to (310) 312-0538. For questions: jhsinks@ucla.edu, or call (310) 267-5399

- \* \* Registration fees are the same for one or both days. Registration includes continental breakfast and lunch.
- \* \* Notice of cancellation must be made by 5:00 PM PDT October 12, 2015 in order to receive a partial refund





The Hilton Universal City Hotel is located at: 555 Universal Hollywood Dr, Universal City, CA. 91608, Phone: 1-818-506-2500 The hotel is located at the entrance of Universal Studios on the corner of Universal Hollywood Drive and Hotel Drive.

Discounted guest rooms are available for out of town attendees; information to follow upon registration.

There is a discounted daily self parking rate of \$11.00 per day.