

Los Angeles County DMH Innovations Program

Motivational Interviewing Academy



Sponsored By:

Los Angeles County Department of Mental Health
UCLA Integrated Substance Abuse Programs

Dates and Times:	September 18th and 19th, 2012 , 9:00 a.m.–4:30 p.m. Sign-in will begin at 8:30 a.m. and the training will begin promptly at 9:00 a.m. Continental breakfast will be provided; participants will be on their own for lunch.
Locations:	LA County – Child Support Services Department 15531 Ventura Blvd, 4 th Floor Training Room, Encino, Ca. 91436
Who Should Attend:	This two-day training is free and is open to supervisors in the DMH Innovations-funded projects, as well as supervisors working with directly operated MHPA Full Service Partnership intensive case management teams providing field-based services.
Description:	Motivational Interviewing is a client-centered, goal oriented method for enhancing intrinsic motivation to change by exploring and resolving ambivalence. This two-day Motivational Interviewing (MI) Academy will be conducted by Dr. Robert Rhode (Arizona State University, Center for Applied Behavioral Health Policy), a nationally acclaimed trainer who has been teaching MI since 1986 and is a member of the Motivational Interviewing Network of Trainers (MINT). Participants will learn and/or improve their MI skills through use of videos, role-plays, exercises, and scoring of recorded tapes. Dr. Rhode will provide feedback and support as participants put their skills to practice. Attendees will have the opportunity to participate in follow-up coaching calls for up to 3 months. Each participant will receive a FREE digital recorder to submit their recordings sessions.
Learning Objectives:	At the conclusion of the two-day MI Academy, participants will be able to: (1) Explain how the three components of motivational interviewing (MI) “Spirit (evocation, collaboration, autonomy/support) can be used to solicit client motivation; (2) Identify at least three examples of change and sustain talk in consumer statements; (3) Demonstrate how the Motivational Interviewing Treatment Integrity Scale (MITI) can be used when listening to a therapist/counselor work with a consumer; (4) Describe at least two ways to respond to sustain talk; and (5) List at least two strategies that can be used to help consumers experience dissatisfaction with their risky behaviors.
Continuing Education:	A <u>maximum of 12</u> continuing education credits/contact hours are available to licensed and certified participants. UCLA Integrated Substance Abuse Programs is approved by the American Psychological Association to sponsor continuing education for psychologists. UCLA ISAP maintains responsibility for this program and its content. CE credits/contact hours are also available for CADCs (CFAAP/CAADAC, 2N-00-445-1113), CASs (BCAS/CAARR, 5033), CATCs (CAADE, CP 20 903 C 0613), RASs (Breining Institute, CEP 0604111449-ULA-HE), and MFTs and LCSWs (CA BBS, PCE 2001). Provider approved by the California Board of Registered Nursing, Provider #15455, for up to 12.0 contact hours. CE credit will be issued on a day-by-day basis (partial credit on any given day will not be awarded).
Parking:	Parking is available on the streets near the building. Carpooling is highly encouraged.

Los Angeles County DMH Innovations Program – Motivational Interviewing Academy REGISTRATION FORM

****Please RSVP to Charlotte Bullen by Friday, August 31st, 2012. ONLINE REGISTRATION IS PREFERRED.** Registrations will be accepted on a first-come, first-served basis, and each session is limited to 40 participants. You will be notified if space has been reserved for you upon receipt of your completed registration form.

To register online, please visit <http://www.uclaisap.org/dmhcod/>, and click on the “Upcoming Trainings” link. To register by e-mail or fax, complete the bottom portion of this page and e-mail it to charlottebullen@ucla.edu, or fax it to Charlotte’s attention at (310) 312-0538.

Contact Jose Gutierrez by phone (310-267-5415) or e-mail (joseagutierrez@mednet.ucla.edu) if you have questions, special needs, or require additional information to register for this training.

If completing this form by hand, please **print** clearly.

First and Last Name:		
Agency Name:		
Innovations Model (IMHT, ICM, ISM, Peer, None):		
Mailing Address:		
City:	State:	Zip Code:
Phone Number:		Fax Number:
E-mail Address:		
Type (s) of continuing education credit needed*:		License or Certification Number**:

*Continuing education choices include: **CADC** (CFAAP/CAADAC); **CAS** (BCAS/CAARR); **CATC** (CAADE); **RAS** (Breining Institute); **MFT/LCSW** (CA BBS); **Psychologist** (APA); and **Registered Nurse** (CA BRN).

****License number is required for psychologists and registered nurses.**