#### Request for Applications Information Session

#### Improving Treatment of Stimulant Use Disorders with Evidence Based Practices

November 17, 2020 9:00am- 10:00 am PST

**Featured Speakers:** 

**Richard A. Rawson, PhD, Sherry Larkins, PhD, Thomas E. Freese, PhD, & Valerie Antonini, MPH** UCLA Integrated Substance Abuse Program

> *Kathleen West, DrPH Advocates for Human Potential, (AHP) Inc.*



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- Chat: Click the Chat icon to open the Chat panel
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2 Participant

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#### Improving Treatment of Stimulant Use Disorders with Evidence Based Practices Information Session

#### WELCOME!

- This webinar is being recorded and will be hosted on the OASIS TTA website at <u>www.uclaisap.org/oasis-tta</u> for later viewing
- If you have any technical difficulties, put your question in the Chat box and we will help you.
- Your phone lines will be muted for the presentation portion of this informational webinar.



#### Improving Treatment of Stimulant Use Disorders with Evidence Based Practices Info Session AGENDA

- Project Purpose, Objectives & Funding Overview
- Eligibility & Subgrantee Requirements
- Notice of Intent to Apply & Submission of Questions
- Application Elements & Scoring
- Question and Answer period with SMEs
- Next Steps



#### Purpose

The California Department of Healthcare Services (DHCS) conducts a Medication for Addiction Treatment (MAT) Expansion Program, known as the SOR Project – State Opioid Response, which monitors and provides support for treatment programming. Because stimulant use disorders and associated deaths are increasing in CA, DHCS is funding this project.

<u>Overarching Goal:</u> Offer an opportunity for SUD providers to be trained and coached to deliver a manualized integrated, research-supported, multi-component approach using the TRUST\* model to enhance and improve the treatment experience of individuals with Psychoactive Stimulant Use Disorder (PSUD).

(\*developed by Richard Rawson, Ph.D., Albert Hasson, MSW, Michael McCann, M.A., and Janice Stimson, PsyD)



### **Project Objectives**

**Objective 1.** Determine provider needs and gather recommendations to meet those needs.

**Objective 2.** Evaluate the feasibility, utilization, and perceptions of an evidence-supported intervention at the organizational, clinician and patient levels.

Objective 3. Conduct quality improvement cycles to determine feasibility and acceptability of an evidence-supported intervention.
Objective 4. Collaborate with specialty SUD sites to develop and disseminate materials, resources, and evidence-based strategies that are responsive to current and future projected needs.



# **Funding Opportunity Overview**

Through this RFA, AHP in partnership with UCLA ISAP seeks to identify 10 subgrantees to be trained and coached to deliver a 12week integrated, research-supported, multi-component intervention manual for the treatment of individuals with Psychoactive Stimulant Use Disorder (PSUD) using the TRUST model.

The TRUST manual (*Treatment and Recovery for Users of Stimulants*) includes evidence-supported strategies, described below, as well as a compendium of evidence-supported resources for program use.



## Funding Overview continued

- 1. Motivational incentives (based on contingency management research; max earning of \$75/year)
- 2. Elements of cognitive behavioral therapy (CBT)
- 3. Elements of community reinforcement approach (CRA)
- 4. Motivational interviewing skills (MI)
- 5. Physical exercise

plus: Mutual Aid Peer Recovery Support Groups (e.g. 12-Step; Moderation Management; SMART Recovery; Women for Sobriety; LifeRing Secular Recovery; Secular Organizations for Sobriety) program participation encouraged



#### **Funding Information**

Subgrants will be awarded in amounts up to \$50,000 per site over an 18-month period. Approximately \$3,000 of this award must be allocated for patient incentives for their participation in data collection activities and completion of behavioral goals. Remaining funds (\$47,000) will be used for staff working directly on intervention implementation, supplies, workforce development and other start-up and specified costs.



## TRUST Pilot Project Timeline & Payment Schedule

	JAN 2021	FEB-MAR 2021	APR-AUG 2021	SEPT-OCT 2021	NOV 2021- MAR 2022	APR 2022	AUG-SEPT 2022
COHORT 1	• Site Selection	Baseline     Data     Collection     (Key     Informant     Interviews;     Brief     Surveys)     TRUST     Manual     Training	<ul> <li>TRUST Manual Implementation with ~40 PSUD patients</li> <li>Ongoing Tracking of treatment services and patient retention</li> </ul>	<ul> <li>Intervention Completion Data Collection (Key Informant Interviews; Brief Surveys)</li> </ul>			Project Completion Data Collection (Brief Surveys)
COHORT 2	• Site Selection	Baseline     Data     Collection     (Key     Informant     Interviews;     Brief     Surveys)		• TRUST Manual Training	<ul> <li>TRUST Manual Implementation with ~40 PSUD patients</li> <li>Ongoing Tracking of treatment services and patient retention</li> </ul>	<ul> <li>Intervention Completion Data Collection (Key Informant Interviews; Brief Surveys)</li> </ul>	• Project Completion Data Collection (Brief Surveys)





#### **Grant Requirements & Mandatory Participation**

- TRUST Manual: Each site will use the manualized TRUST model intervention over 12 weeks to 40 patients with a primary PSUD per site, (yielding a total of 400 patients across all ten sites over 18-months.)
- GPRA & Data Collection: As part of the project, clinical and programmatic staff are expected to conduct follow-up data collection with patients using GPRA surveys.



#### Webinars and Coaching Calls

- Foundational and on-going training and technical assistance (TA) will include the following sequential activities:
- One 60-minute preparatory Zoom session with UCLA ISAP training team
- Eight 2-hour intensive Zoom training sessions delivered by UCLA ISAP over 8 weeks
- Seven semi-weekly implementation support Zoom sessions with UCLA ISAP
- Seven monthly virtual Coaching calls with UCLA ISAP



# **Funding Eligibility**

• All Drug MediCal Certified Specialty Care SUD programs that can bill MediCal for patient care (e.g.: must have MediCal contracts with the County in which they reside) are eligible to receive funding. Applicants must meet the following additional eligibility criteria to apply:

- Minimum of 3 years delivering Intensive Outpatient Programming (IOP) to individuals age 18 and above
- Technical capacity to participate in virtual Zoom trainings, TA, and ongoing supervision/coaching
- Minimum annual treatment enrollment of 75 PSUD patients in previous 2 years at the physical location that is applying; target patient population for pilot is non-opioid patients (patients not receiving MOUD)
- Willingness and ability to initiate project in either February 2021, (Cohort 1) or September 2021, (Cohort 2)

- Site staff with demonstrated experience delivering behavioral interventions to individuals with SUDs
- Commitment to training/coaching activities over the course of the project, for a minimum of 2 staff, consisting of at least 1 counselor and 1 supervisor-level clinician
- Commitment to working with UCLA ISAP team to participate in data reporting activities
- Compliance with 42 CFR, part 2 to ensure maintenance of the appropriate data protocols and staff training, including the responsibility for assuring the security and confidentiality of all electronically transmitted patient material.



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# NOTICE OF INTENT TO APPLY & SUBMISSION OF QUESTIONS

**November 20, 2020**: Deadline for submitting a "Notice of Intent" to apply. This is OPTIONAL.

Please include:

Agency Name, County Location, Email Contact, Name and title of person submitting the NOI

**November 23, 2020**: Deadline for submitting any questions related to the RFA and your grant application.

PLEASE SUBMIT TO: Ashlye Durrell adurrell@ahpnet.com

## Application

- Complete and submit the online application by 5:00 p.m. PST on December 18, 2020. No attachments are permitted.
- Application instructions are included in the RFA and the online application.
- Applicants may begin the application, save work, and return to complete later. However, once submitted, no changes can be made.
- Upon submission, a "thank you" message will appear and an email acknowledging receipt of application will be sent.



## **Application Components**





# **Application Priority Scoring**

- To ensure equity, representation of underserved populations, and responsiveness to most impacted and highest-need regions across the state, we will take the following into consideration when selecting sites:
  - geographic diversity
  - rural and urban variation
  - diversity in patient characteristics including: gender, sexual orientation, age, race, ethnicity, and language
  - regional data demonstrating significant use of stimulants and a critical need for PSUD-specific treatment services



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## **RFA Timeline Summary**









- Please enter your questions in the chat box and/or send them to <u>adurrell@ahpnet.com</u>
- Check the UCLA-ISAP website at <u>www.uclaisap.org/oasis-tta</u> and your email box for updates on FAQs
- Complete and submit your application by 5pm PT on 11/23/20!
- Stay tuned for Award Notifications in mid-January 2021.

