

A Sacred Trust: Decolonizing Screening and Assessment

Southern California Bay Area/Mid State & Sacramento Capital Northern California JUNE 7th, 8th and 10th 2022

Music: Joanne Shenandoah, To Those Who Dream

Joanne Shenandoah "To Those Who Dream"

Disclosures

There are no relevant financial relationships with ACCME-defined commercial interests for anyone who was in control of the content of this activity.

Today's Presenter



Danica Love Brown, MSW, CACIII, PhD Behavioral Health Programs Director at the Northwest Portland Area Indian Health Board Choctaw Nation of Oklahoma

Language Matters

The use of affirming language inspires hope and advances recovery.

LANGUAGE MATTERS. Words have power. PEOPLE FIRST.

The ATTC Network uses affirming language to promote the promises of recovery by advancing evidence-based and culturally informed practices.



Addiction Technology Transfer Center Network Funded by Substance Abuse and Mental Health Services Administration

Educational Objectives

At the end of the training, participants will be able to:

- 1. Identify at least two (2) limitations of using Western Psychological approaches in Tribal communities
- 2. Explain at least two (2) elements of the definition of Indigenous Psychological Care
- 3. Recognize at least two (2) skills to implement decolonial psychological approaches in their practice
- 4. Specify at least three (3) findings about implementation from community interviews with policy and Tribal partners.



Indigenous Land Acknowledgement

- We respectfully acknowledge that we live and work in territories where Indigenous nations and Tribal groups are traditional stewards of the land.
- Please join us in supporting efforts to affirm Tribal sovereignty across what is now known as California and in displaying respect, honor and gratitude for all Indigenous people.

Whose land are you on?

Option 1: Text your zip code to 1-855-917-5263 Option 2: Enter your location at <u>Native-Land.CA</u> Option 3: Access Native Land website via QR Code:



Introduction



NANCY PIERCE

RN, PHN, MPH

KAUFFMAN & ASSOCIATES INC

Cultural Opening





Shabrie Perico

John Murphy

TA Specialist Kauffman and Associates, Inc. (KAI)

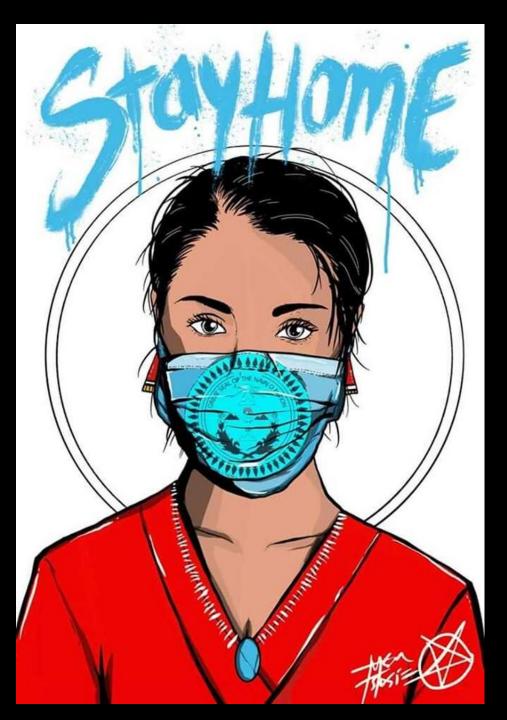
Chiricahua Fort Sill Apache

Outreach Coordinator at Native C.O.R.E.House Manager at Three Rivers Indian Lodge/Native Directions Inc.

Karuk Tribal

Icebreaker

What does the concept of "sacred trust" mean to you, and how might you apply it?



A Sacred Trust: Decolonizing Screening and Assessment

Dr. Danica Love Brown (Choctaw Nation of Oklahoma) Behavioral Health Director Northwest Portland Area Indian Health Board

Overview

- •* Limitations of Western Psychological Approaches
- Participant will learn of the historical impact of psychological approaches n Tribal communities
- •Participants will be able to identify limitations of psychological approaches in Tribal communities
- •* Indigenous Psychological Care: Screening and Assessment as a Sacred Trust
- • Participants will be able to define Indigenous Psychological Care
- •* What works: Examples in Decolonial Methods of Screening and Assessment
- Participants will be able to develop skills in implementing decolonial psychological approaches in their practice
- Participants will learn about 3 findings from community interviews of policy and Tribal partners

LIMITATIONS OF WESTERN PSYCHOLOGICAL APPROACHES



National Geographic Acknowledges Its Racist Past Coverage (April, 2018)



WHAT'S YOUR STORY? #IDefineMe

"Through most of its history, National Geographic, in words and images, reproduced a racial hierarchy with brown and black people at the bottom, and white people at the top," Mr. Mason said in an interview on Tuesday.

There was a complete absence of urban, educated Africans in the magazine's pages, he told them. Black people were presented as static, primitive and nontechnological, often unclothed or presented as savages, he said. And that image, which persisted until the 1970s, shaped how the magazine's readers largely white and middle class — perceived black people, they said.

Written by Susan Goldberg, the editor in chief, the note acknowledges that "it hurts to share the appalling stories from the magazine's past." It includes some of the most blatant examples of racism, including <u>a 1916 story about Australia</u> that included the photo caption: "South Australian Blackfellows: These savages rank lowest in intelligence of all human beings."



Apology to People of Color for APA's Role in Promoting, Perpetuating, and Failing to Challenge Racism, Racial Discrimination, and Human Hierarchy in U.S.

OCTOBER 2021

WHEREAS APA was established by White male leadership, many of whom contributed to scientific inquiry and methods that perpetuated systemic racial oppression, including promoting the ideas of early 20th century eugenics; Eugenics is defined as the idea that racial differences and hierarchies are biologically based and fixed, and was used to support segregation, sterilization, and anti-marriage laws (<u>Cummings Center, 2021</u>).

WHEREAS eugenicists focused on the measurement of intelligence, health, and capability, concepts which were adopted by the field of psychology and used systemically to create the ideology of white supremacy and harm communities of color (<u>Cummings Center, 2021; Gillham, 2001</u>).

WHEREAS psychologists created, sustained, and promulgated ideas of human hierarchy through the construction, study, and interpretation of racial difference, and therefore contributed to the financial wealth gap and social class disparities experienced by many communities of color (<u>Cummings Center, 2021</u>).

WHEREAS psychology has minimized and marginalized psychologists from communities of color and their contributions to the field (Guthrie, 2004). APA specifically acknowledges the harm it caused the field and the Black community during the height of the civil rights movement. APA ignored the opportunity to take a formidable stand to address poverty, racism, and social concerns affecting African Americans, despite the strong advocacy of our members, some of whom consequently left the organization to form the Association of Black Psychologists (ABPsi), an independent association. Further, APA acknowledges often excluding American Arab, Middle Eastern/North African (AMENA) individuals from APA statements regarding the impact of racism and discrimination and makes an affirmative statement here regarding their inclusion in this resolution (Awad et al., 2019).

WHEREAS psychologists established, participated in, and disseminated scientific models and approaches rooted in scientific racism when the discipline was first founded (<u>Winston, 2020</u>).

Scheurich & Young (1997) call this dynamic "epistemological racism," meaning that our current range of research epistemologies—positivism to postmodernism/ post structuralism—arise out of the social history and culture of the dominant race, that these epistemologies logically reflect and reinforce that social history and that racial group (while excluding the epistemologies of other races/cultures).

<u>Consequently, there are inevitably negative</u> <u>results for people of color in general and</u> <u>scholars of color in particular.</u>

They further state that the negative consequences for the non-Western scholar is that they must learn and become accomplished in the epistemologies (ways of knowing) that arise out of a history that has historically been profoundly hostile to their race and that excludes or ignores alternative culture-based epistemologies.

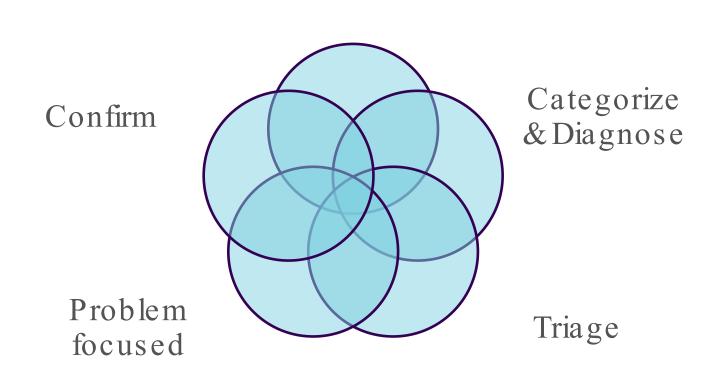
Maori comment on Western Scientific Values

"Research 'through imperial eyes' describes an approach that assumes Western ideas about the most fundamental things are the only ideas possible to hold, certainly the only rational ideas, and the only ideas which can make sense of the world, of reality, of social life and of human beings. It is an approach to indigenous peoples which still conveys a sense of innate superiority and an overabundance of desire to bring progress into the lives of indigenous people—spiritually, intellectually, socially and economically."-Linda Tuhiwai Smith (Ngati Awa/Ngati Porou)

Maori comment on Western Science...

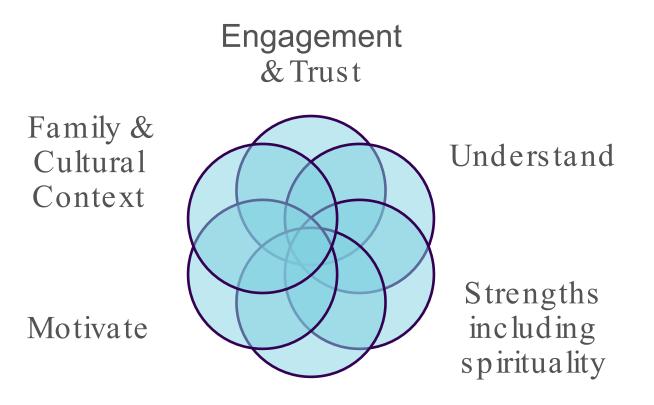
"It is research which is imbued with an 'attitude' and a 'spirit' which assumes a certain ownership of the entire world, and which has established systems and forms of governance which embed that attitude in institutional practices. These practices determine what counts as legitimate research and who count as legitimate researchers. They tell us whether <u>our</u> research is 'valid.'"

TRADITIONAL APPROACHES TO SCREENING



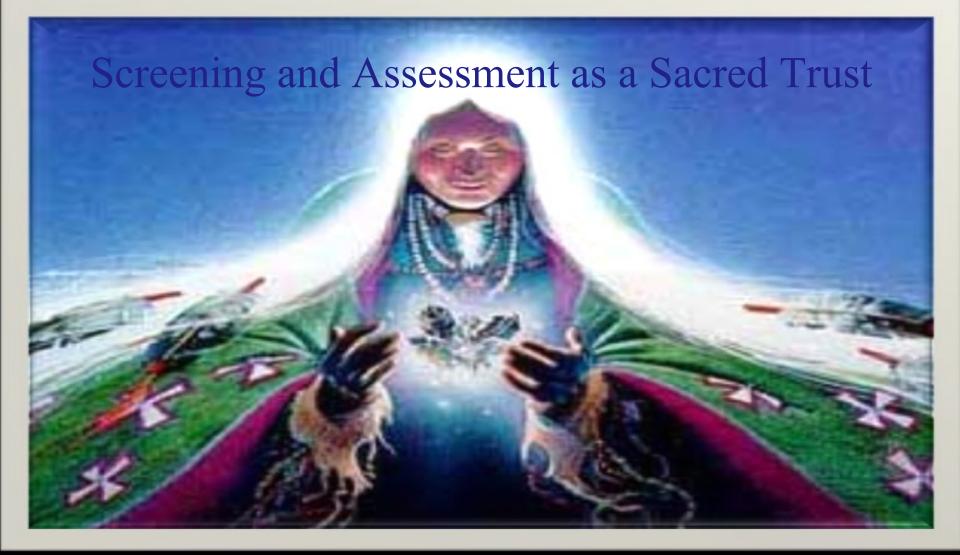
Predict

A BROADER LENS ON SCREENING



Collaborate







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Community Conversations

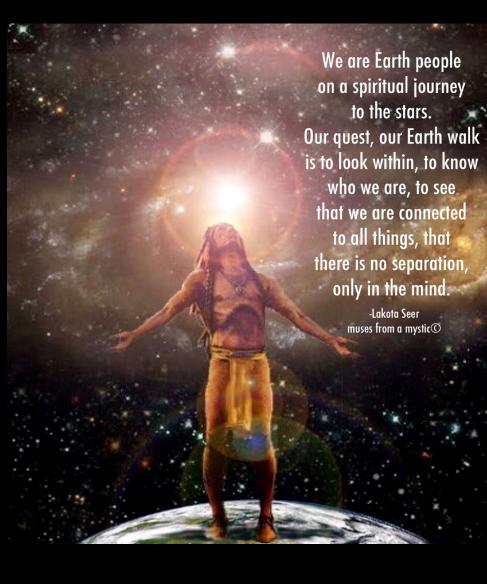
Tribal Screening and Assessment

 SBIRT (Screening Brief Intervention, <u>Referral to Treatment</u>)
Southern Ute

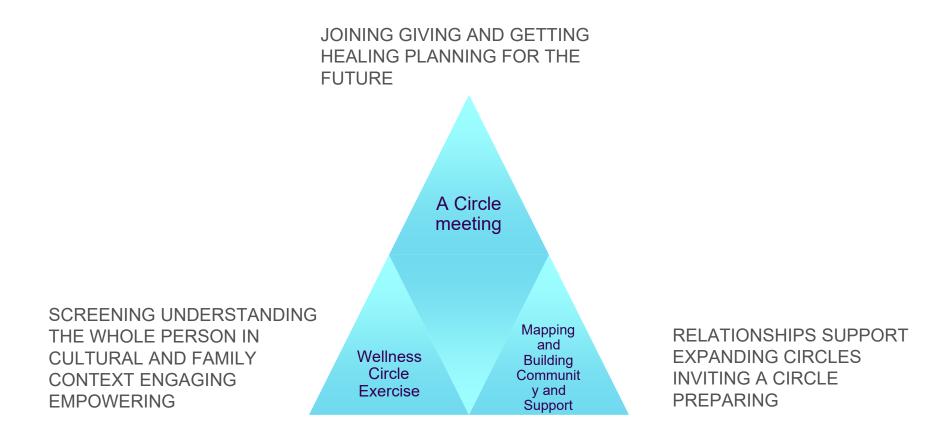
-Yurok

Positive Psychology

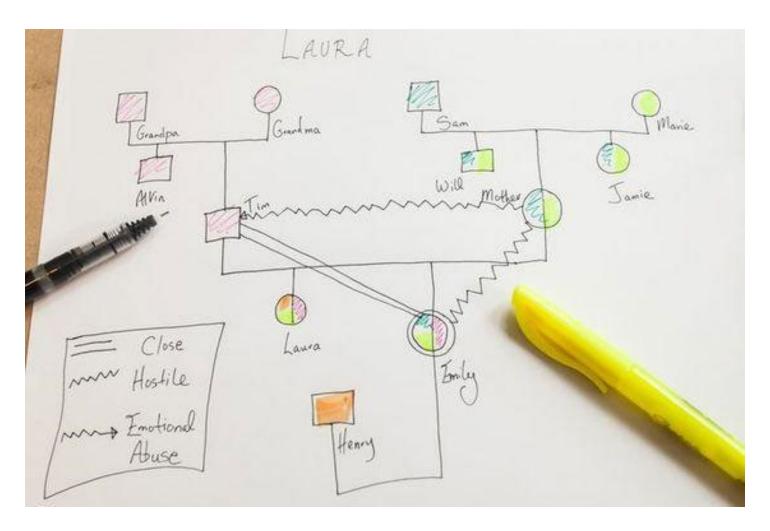
King, J. (2016). Positive psychology assessment in American Indians. In E.
C. Chang, C. A. Downey, J. K. Hirsch, & N. J. Lin (Eds.), *Positive psychology in racial and ethnic groups: Theory, research, and practice* (pp. 195–213). American Psychological Association. <u>APA</u>



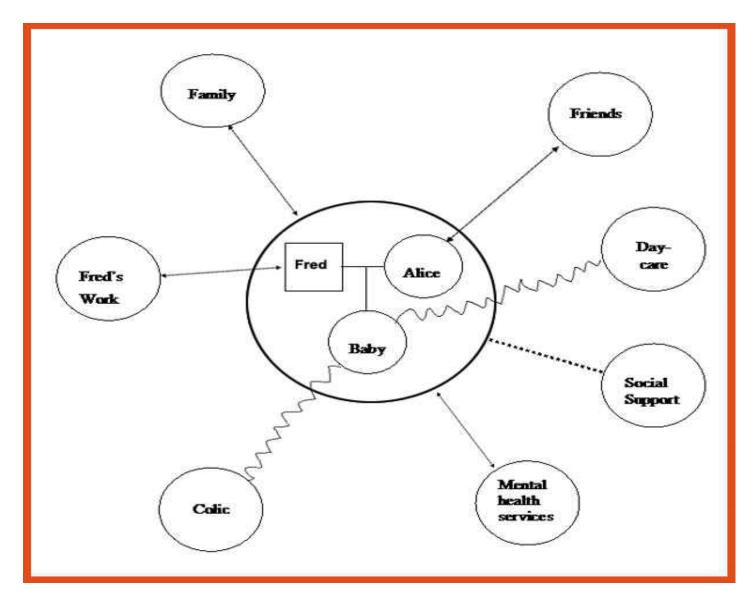
SOUTHERN UTE'S 3-STEP SBIRT MODEL



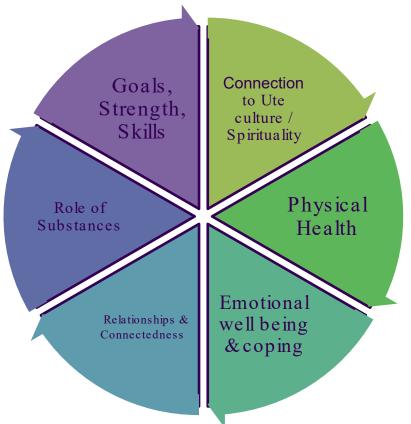
FAMILY GENOGRAM



GENOGRAM EMBEDDED IN AN ECOMAP



WELLNESS CIRCLE: ACHIEVING BALANCE FOR THE WHOLE PERSON



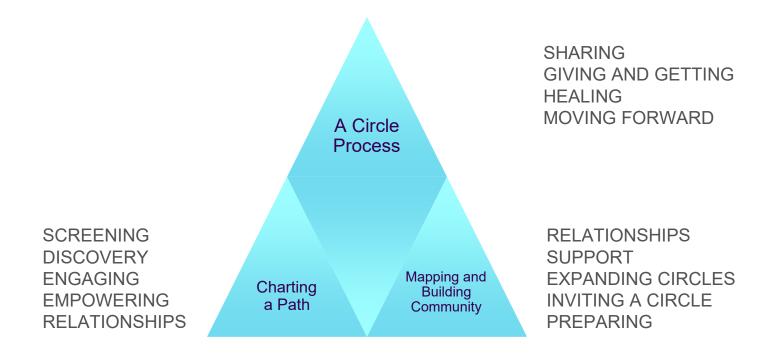
SBIRT MODEL CREATED WITH THE **YUROK COMMUNITY**

- "Path Forward"
- Close collaboration with Yurok Healing to Wellness Court team and other stakeholders
- Yurok team took the lead in shaping the process

PRINCIPLES AND VALUES THAT INFORMED "PATH FORWARD":

- ENGAGEMENT: Screening as an engagement opportunity
- TRUST AND RESPECT: A clearly communicated attitude of trust, respect and appreciation for the youth's perspective
- DISCOVERY: Exchanging the usual assessment framework for one of coached but self-directed discovery for the youth
- <u>CULTURAL RESONANCE</u>: Walking the "Path Forward" emerged as a powerful metaphor to use
- EMPOWERING: Trusting youth to make choices & chart their own life path is empowering.
- HEALING: Acknowledgement that the path forward may require healing and support
- <u>COMMUNITY SUPPORT</u>: Not about the youth alone acknowledges role of family and community
- RESTORATIVE: A circle process that addresses the need to restore ties and to mobilize support

YUROK PATH FORWARD: A 3-SESSION TRIBAL YOUTH SBIRT MODEL



Resources for Continued Learning

- 1. Tribal Opioid Response Healing Our Nations Together National Strategic Agenda
 - Tribal Opioid Response Healing Our Nations Together National Strategic Agenda
- 2. A Trickster Tale-Outsmarting Opioids Through Education and Action
 - A Trickster Tale-Outsmarting Opioids Through Education and Action

OASIS-TTA



SAVE THE DATE: September 7, 1-5pm

CommUnity Connections

Bridging Best Practice and Cross-Cultural Care



A statewide convening (attend in person in Sacramento or online) to bring together Tribal/Urban Indian and other substance use treatment providers to improve cross-cultural care for Native people in California.

> Partial travel scholarships available. More information coming soon.

End Code:

Music: Lyla June, All Nations Rise

Lyla June "All Nations Rise"