

# Recovery Incentives Program: California's Contingency Management Benefit, Implementation Training, Part 1 and 2

Sponsored by:

UCLA Integrated Substance Abuse Programs and California Department of Health Care Services



## Lead Trainers, Training Description, and Core Clinical Components

**Lead Trainers:** Rosana Trivino-Perez, LCSW, Samantha Santamaria, LCSW, and James Peck, PsyD

Contingency management is one of the only evidence-based behavioral interventions shown to be effective in treating stimulant use disorder (StimUD). Contingency management provides monetary incentives (such as gift cards) for meeting treatment goals, including stimulant non-use as measured by negative point-of-care urine drug tests (UDTs), rewarding individuals for positive behaviors. Substance use offers a powerful, immediate reinforcement. Contingency management confronts this challenge by offering immediate financial awards that can help activate the brain's reward system, thus encouraging the replacement of stimulants with the incentive to achieve a similar dopamine release.

This 2-part, six-hour live virtual Implementation Training is designed to provide a detailed overview of Recovery Incentives Program: California's Contingency Management Benefit – a statewide pilot program for treating individuals with a StimUD. Part 1 of the training includes a review of contingency management principles and guidelines for effectively implementing contingency management, in addition to providing tools for member outreach and information for aligning program implementation with OIG's "Final Rule". Part 2 provides a review of the workflow involved in contingency management visits and urine drug testing and incentive manager (IM) procedures, in addition to preparing CM teams/sites to address challenges that commonly arise in implementing contingency management. Operational considerations are also reviewed, such as staffing and fidelity monitoring, the Readiness Assessment, implementation support/coaching calls, and additional implementation resources available to CM teams/sites.

In order to register for Part 1 of the Implementation Training, you must first complete the 2-hour *Recovery Incentives: California's Contingency Management Program, CM Overview Training*. And completion of both Part 1 and Part 2 of the Implementation Training is required for individuals who will serve in the role of a CM Coordinator, Back-Up CM Coordinator, or CM Supervisor within their agency for the Recovery Incentives Program.

## Implementation Training Pre-Requisites

You must first complete the 2-hour [Recovery Incentives: California's Contingency Management Program CM Overview Training](#). If you have not yet completed this required on-demand course, please do so before registering for the Part 1 Implementation Training. Participation in the 2-part Implementation Training is limited to CM Coordinators, Back-up CM Coordinators, and CM Supervisors. Your site must also have a valid CLIA Certificate of Waiver and State Lab Registration.

## Pre-Registration is Required!

Each session has a cap of 30 participants to allow for maximum interaction and effective learning, and pre-registration is required. You will receive a confirmation email with a unique Zoom link upon approval of your registration. On the day of your training, please log in to Zoom 10-15 minutes before the start time to ensure your audio and visual connections are working properly. Please do not share your unique Zoom link.

## Training Dates and Times

Please visit <https://uclaisap.org/recoveryincentives/trainings.html> to access an up-to-date listing of dates and times for the Part 1 and Part 2 training sessions. Additional dates and times will be added to the schedule on a periodic basis.

### Intended Audience

Completion of the 2-part Implementation Training is required for providers in the Recovery Incentives Program serving in the following roles:

- CM Coordinator
- Back-Up CM Coordinator
- CM Supervisor

Any other staff member within the site who is not serving in one of the above three roles is not permitted to attend the Implementation Trainings at this time.

### Learning Objectives for Part 1:

1. Describe at least three (3) forms of empirical evidence to support CM as an intervention for treating stimulant use disorder.
2. Identify the four (4) required elements involved in effectively implementing the Recovery Incentives Program: California's Contingency Management Benefit.
3. Specify at least two (2) forms of outreach for recruiting members into the Recovery Incentives Program: California's Contingency Management Benefit.

### Learning Objectives for Part 2:

1. Identify four (4) key guidelines of the point-of-care urine drug test (UDT) protocol.
2. Explain at least (3) key elements of the Incentive Manager.
3. Specify at least two (2) methods for addressing program challenges that may commonly arise in implementing the Recovery Incentives Program: California's Contingency Management Benefit.
4. Describe at least two (2) implementation support activities.

### Continuing Education Credit

The training course meets the qualifications for the provision of six (6.0) continuing education credits/contact hours (CEs/CEHs).



UCLA Integrated Substance Abuse Programs (ISAP) is approved by the American Psychological Association to sponsor continuing education for psychologists. UCLA ISAP maintains responsibility for this program and its content.

UCLA ISAP is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and/or LEPs (Provider #64812). UCLA ISAP maintains responsibility for this program/course and its content. Course meets the qualifications for six (6.0) hours of continuing education credit for LMFTs, LCSWs, LPCCs, and LEPs as required by the California Board of Behavioral Sciences. UCLA ISAP is also an approved provider of continuing education for RADTs I/II, CADCs-CASs, CADCs I/II, CADCs-CSs, and LAADCs (CCAPP, #2N- 00-445-1125), CATCs (ACCBC/CAADE, #CP40 872 C 0825), and CAODCs (CADTP, #151). Provider approved by the California Board of Registered Nursing, Provider #15455, for 6.0 contact hours. CE credit will be awarded within 6-8 weeks following the conclusion of the Part 2 training session. Partial credit will not be available for those participants who arrive either session late or leave early. Full participation in both Part 1 and Part 2 is required for CE credit.

The capacity for each training session is **30 participants**.

You will be notified if space has been reserved for you upon receipt of your online registration.

\*\*\*\*Please be sure you receive a confirmation email and do not share Zoom links with your colleagues\*\*\*\*

Please contact Julian Simmons by email ([JulianSimmons@mednet.ucla.edu](mailto:JulianSimmons@mednet.ucla.edu)) or phone (310-206-2272) if you have questions, concerns, special needs, or require additional information before registering for the 2-part Implementation Training.



If you need a disability-related reasonable accommodation/alternative format for this event, please contact Julian Simmons by email ([JulianSimmons@mednet.ucla.edu](mailto:JulianSimmons@mednet.ucla.edu)) or phone (310-206-2272) at least 1 week before the training.

**Cancellation Policy:** Notice of cancellation must be made at least 72 hours in advance of the training by contacting Julian Simmons by email ([JulianSimmons@mednet.ucla.edu](mailto:JulianSimmons@mednet.ucla.edu)) or phone (310-206-2272). You can also cancel directly via zoom.

**Instructions for Filing a Grievance Concerning UCLA ISAP's Continuing Education Program:**

Please contact Dr. Thomas E. Freese, CE Program Administrator, in writing (UCLA ISAP, 10911 Weyburn Avenue, Suite 200, Los Angeles, CA 90024) or by phone (310-267-5397).

Alternately, you may contact Dr. Gloria Miele or Dr. James Peck, ISAP-affiliated doctoral-level psychologists responsible for program planning for the ISAP CE Program. Drs. Miele and Peck can be reached in writing at: 10911 Weyburn Avenue, Suite 200, Los Angeles, CA 90024 or by phone at: 310-267-5888 (Miele) or 310-267-5346 (Peck).



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