

Opioid: State Targeted Response California Grant

Marlies Perez

Department of Health Care Services



Opioid Statistics

- 74% of people with opioid addictions have received the drugs from a family member or friends (SAMHSA)
- Physical dependency to opioids can happen in just seven days Currently, there are over 7,000 opioid prescriptions given to patients everyday (SAMHSA)
- The first count of fentanyl deaths in 2016 are up 540% in three years (CDC)
- The decade from 2003 to 2013 saw no increase in the rates of use of opioid use disorder (OUD) treatment as individuals with an OUD increased by \$1M this same period (UCLA)

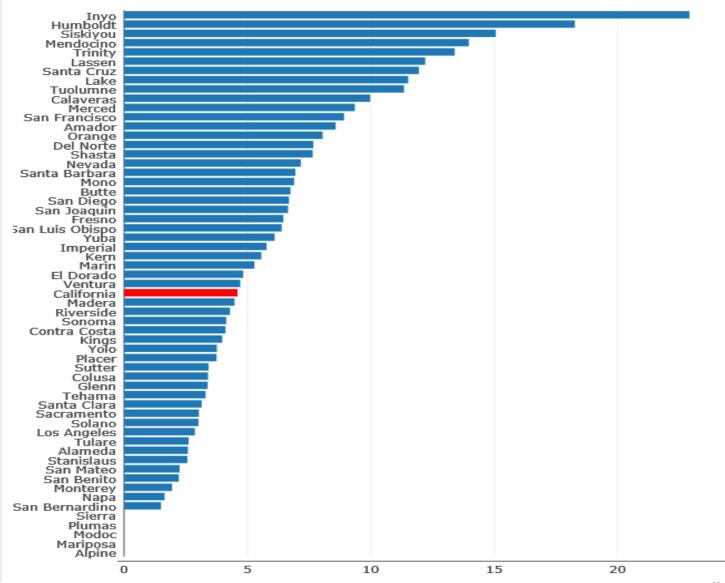


Opioid Statistics

- In 2016, there were 23,684,377 opioid prescriptions in California (DPH)
- Nearly 80% of individuals with an OUD in 2015 did not receive treatment (UCLA)
- California has the largest number of individuals with an OUD in the nation (UCLA)
- Less than half of Californians who received opioid use disorder treatment in 2014 received the international evidence-based standard of care with both initial access to opioid agonist treatment and with no restriction on the duration of treatment (UCLA)



California Deaths - Total Population - 2016 **All Opioid Overdose**: Age-Adjusted Rate per 100,000 Residents





California is strategically focus on three populations to improve MAT services:

- 1. Counties without a NTP in the geographic area
- 2. Increase the availability and utilization of buprenorphine statewide
- Improve MAT access for CA's American Indian and Native Alaskan tribal communities through the IHP-MAT Project



CA Hub and Spoke System

Successful Outcomes:

- Increased the total number of physicians waivered to prescribe buprenorphine
- Increased the number of opioid users served by each waivered physician
- Led to a broader adoption of the disease model of treatment, providing a continuum of care from the Hub to the Spoke and then back again, based on the needs of the patient
- Provided more medical services in the Spokes which has been enhanced by the additional staffing
- Led to increased satisfaction by providers in primary care settings, with increased willingness to care for patients with opioid use disorder



Network # & **Spokes Hub location** Lake County (1) Mendocino County (2) Nevada County (1) Siskiyou County (2) Trinity County (1) Del Norte County (1) El Dorado County (1) Placer County (1) Nevada County (1) Butte County (2) 4 Lassen County (1) Tehama County (1) Plumas County (1) Humboldt County (6) 5 San Joaquin County (1) Stanislaus County (1) 7 Contra Costa County (TBD) San Francisco County (TBD) 9 Sonoma County (1) Lake County (1) Yolo County (1) Colusa County (1) Napa County (1) Los Angeles County (10) 10 11 Marin County (8) 12 Yolo County (2) Sacramento County (1) 13 Santa Cruz - N County (6) 14 Santa Cruz - S County (4) San Benito County (1) Monterey County (1) Fresno County (TBD) Solano County (TBD) 16 San Diego County (7) Los Angeles County (10) 18 San Bernardino County (1) Riverside County (6) San Diego County (2)

CA H&SS **Hubs and Spokes**

Modoc

Lassen

Plumas

Siskiyou

Trinity

Mendocino

Contra Costa

San Francisco

San Mateo

Santa Cruz

Shasta

2

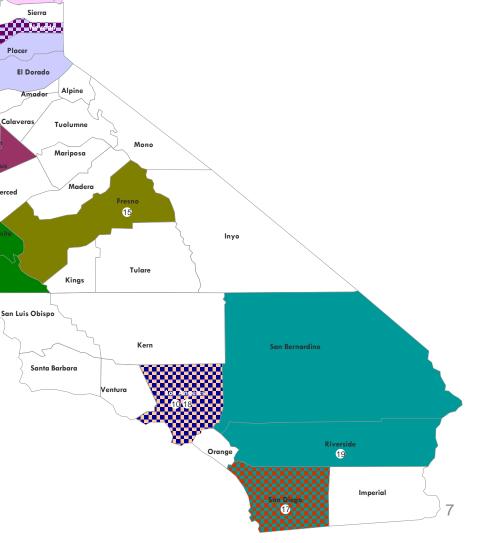
Butte

6

Merced

Tehama

Glenn





CA MAT Expansion Project

- \$78 million allocated to CA H&SS treatment services
- 19 CA H&SS programs
- Over 85 Spokes covering 30+ counties
 - 7 out of the top 10 counties with highest opioid overdose rates
- First Learning Collaborative held on 9/25
- Services rolled out September-November 2017



CA H&SS

- Built off the strengths of the specialty methadone Narcotic Treatment Programs (Hubs) and the physicians who prescribe buprenorphine in office-based settings
- The Spoke is composed of at least one prescriber and an MAT team to monitor adherence to treatment, coordinate access to recovery supports, and provide counseling
- Patients can transfer between the Hub and Spokes



CA H&SS

Required Treatment Services

- Prescribe and dispense all FDA approved MAT for a OUD
- Counseling
- Provide naloxone and training
- HIV and HCV testing and referral to services
- Case management
- Professional medical, social work, and mental health services, offered to patients onsite or by referral
- Recovery and/or peer support services
- Local access to maternal addiction treatment
- Serve as the subject matter expert on opioid dependence and treatment to the Spokes
- Utilize the OBOT Stability Index and the Treatment Need Questionnaire tool



CA H&SS

All CA H&SS must submit an Outreach Plan which includes how the system will participate and collaborate with the 36 local county opioid safety coalition networks.



CA MAT Expansion Project

Funding specific to the American Indian and Alaskan Native Population

- Project Echo
- Suicide prevention
- Naloxone distribution to First Responders
- Culturally specific MAT Programs
- Needs Assessment, education and training
- Support for MAT Access Expansion under the Indian Health Program-ODS



California Society of Addiction Medicine

- Mentoring scholarships for 75 physicians
- Revising NTP Guidelines with all FDA approved medications
- Webinars and other MAT training
- Members of the MAT Expansion project roll-out
- Assisting with recruitment of waivered prescribers for the spokes in the CA H&SS



- DHCS DMC-ODS website:
 - http://www.dhcs.ca.gov/provgovpart/Pages/Drug-Medi-Cal-Organized-Delivery-System.aspx
- CA Opioid Overdose Surveillance Dashboard <u>https://pdop.shinyapps.io/ODdash_v1/</u>
- DHCS CA MAT Expansion Project website: <u>http://www.dhcs.ca.gov/individuals/Pages/State-</u> <u>Targeted-Response-to-Opioid-Crisis-Grant.aspx</u>