

SUD 101 Worksheet

1. What are some examples of this substance?
2. What are the intoxicating effects of this substance?
3. What are the symptoms of withdrawal for this substance?
4. What does a treatment provider need to know in order to accurately identify and assess use of this substance?
5. What mental health symptoms can this substance mimic?

Christopher vignette:

Christopher is a 31-year-old auto mechanic who, 4 years ago, caused a head-on collision while attempting to pass another vehicle. Christopher survived with a significant back injury and has only been able to work sporadically. He was convicted of negligent homicide and placed on probation because of his physical disability. He is on probation for another 4 years, and if he is convicted of another felony during that time, he will have to serve prison time for his prior offense. Christopher was discharged from the hospital with a variety of medications, including pain pills. He started feeling he could not face the day without the pain medication and needs to drink "a little" to help him sleep. Within 3 months of the accident, he was "doctor shopping" for pain pills and even had a friend obtain a prescription for the pain medication from that friend's doctor. In the 4 intervening years, Christopher's drug use escalated, and his blunted emotions and detachment from friends became more profound. Recently, Christopher reported difficulty sleeping due to hearing the friend who died in the accident talking to him at night. He has been obtaining pain pills from a variety of illegal sources. Currently, he is at risk of becoming homeless due to missed work and inability to pay rent.