

Eleventh Statewide Conference

Integrating Substance Use, Mental Health, and Primary Care Services in Our Communities



Hilton Universal City Hotel at Universal City
555 Universal Hollywood Drive
Universal City, California 91608
October 22-23, 2014



Co-Sponsored by:

**Los Angeles County Department of Mental Health
UCLA Integrated Substance Abuse Programs
Pacific Southwest Addiction Technology Transfer Center
California Institute for Behavioral Health Solutions
Integrated Care Conference Planning Committee**



Conference Goals

Welcome to the 11th Statewide Integrated Care Conference, held in Universal City, California, at the Hilton Universal Hotel on October 22-23, 2014. This year's conference theme is "Integrating Substance Use, Mental Health, and Primary Care Services in our Communities."

The neighborhoods we live in influence our behaviors and affect our health in profound ways. Social and economic features of our communities are linked to mortality, chronic conditions, health behaviors, mental health status, and substance use. Through the conference, we hope to bring together health, mental health, public health and substance abuse providers and services in neighborhoods across our region and highlight ways to strengthen partnerships across our diverse communities. Plenary and workshop sessions will address social and environmental determinants of health and explore ways to improve access to care through integrated and coordinated services and effective communication among providers.

Meeting the needs of our neighborhoods and communities means providing safe, effective, well-coordinated services that take into consideration the unique needs, values and cultures of those served. In this 11th Statewide Conference, we hope to further the original vision set-forth by the planning committee, and highlight the enormous transformation in health care delivery taking place in our state, and nationally, as we implement the Affordable Care Act. Our responsibility is to build upon existing relationships to improve access to and coordination of care among mental health, alcohol and drug treatment, primary care/health, criminal justice, education, child welfare, and other providers.

To this end, the conference goals are as follows:

- To help attendees recognize the importance of their local service agencies and networks toward improving healthcare integration and collaboration across addiction treatment, mental health, and primary care services.
- To help attendees identify the characteristics of services and providers that best support a resident's health, wellness, and recovery.
- To identify emerging best practices for treating the complex needs of those with comorbidities.

The 2014 Statewide Conference is, again, a 'green event.' All planning and execution efforts have been done with mindfulness toward our environment and resource sustainability. Conference planning, marketing, publicity, invitations and registration were created with this standard at the forefront. Attendees and Speakers are strongly encouraged to utilize electronic media for viewing hand-outs and materials.

Conference Day 1

Conference Agenda

October 22, 2014

7:30 am—8:30 am Continental Breakfast/Registration

8:30 am—9:00 am Welcoming and Introductions

Roderick Shaner, MD, *Los Angeles County Department of Mental Health*

Marvin Southard, DSW, *Los Angeles County Department of Mental Health*

9:00 am—9:45 am Plenary Session: The National Perspective

Captain Jon Perez, PhD, *Substance Abuse and Mental Health Services Administration*

9:45 am—10:30 am Plenary Session:

Alternatives to Incarceration: Mental Health Diversion in the Criminal Justice System

District Attorney Jackie Lacey, JD, *Los Angeles County District Attorney's Office*

10:30 am—11:00 am Break

11:00 am—12:30 pm Workshops: Session I

A. Paying for Integrated Health Care Now!

Kathleen Reynolds, MSW, ACSW, *National Council for Behavioral Healthcare*

B. Implementation of Screening, Brief Intervention & Referral to Treatment (SBIRT) in Primary Care Settings

Moderator: Darren Urada, PhD, *UCLA Integrated Substance Abuse Programs*

Brett O'Brien, MA, *Orange County Health Care Agency*

Felicia Skaggs, MS, *Kern County Mental Health*

Christopher Reilly, LMFT, *Clinica Sierra Vista*

C. DSM 5: Clinical and Research Implications

Timothy Fong, MD, *UCLA Semel Institute for Neuroscience and Human Behavior*

D. Commercial Sexual Exploitation of Children: Psychological Impacts & Mental Health Care

Erica Reynoso, PhD, LCSW, *Los Angeles County Department of Mental Health*

Barbara Hernandez, PsyD, LMFT, *Crittenton Services for Children & Families*

E. Innovative Housing Programs for High-Cost, High-Need Homeless Individuals

Deborah Maddis, MPH

Daniel Flaming, PhD, *The Economic Roundtable*

Sarah Mitchell, LCSW, *Downtown Women's Center*

F. A Peer Health Navigator Intervention for Self-Management of Health Care by Individuals with Serious Mental Illness: Findings and Implementation in Mental Health Agencies

John Brekke, PhD, *University of Southern California School of Social Work*

Erin Kelly PhD, *University of Southern California School of Social Work*

G. The Evolution of Treatment Courts from Pre-Plea Drug Court to the 2nd Chance Women's Re-Entry Court: Why We Need a Treatment Court Specifically for Women

Judge Michael A. Tynan, JD, *Los Angeles County Superior Court*

Nancy Chand, JD, *Law Offices of the Los Angeles County Public Defender*

Nena Messina, PhD, *UCLA Integrated Substance Abuse Programs*

H. Medical Marijuana: What Clinicians Need to Know

Thomas E. Freese, PhD, *UCLA Integrated Substance Abuse Programs*

I. Patient Centered Means Patient Centered Even If I'm Nuts and Loaded

Thomas Mahoney, MD, MPH, *CommuniCare Health Centers*

Karen Larsen, MFT, *Yolo County Department of Health Services*

Karen W. Linkins, PhD, *CalMHSA Integrated Behavioral Health Project*

October 22, 2014 (continued)

12:30 pm—1:30 pm Lunch

1:30 pm—1:45 pm Break

1:45 pm—3:15 pm Plenary Session:

From the Sidelines to the Main Ring: Status of Behavioral Health—Primary Care Integration in 2014

Ron Manderscheid, PhD, *National Association of County Behavioral Health and Developmental Disability Directors*

3:15 pm—3:30 pm Break

3:30 pm—5:00 pm Workshops: Session II

J. Integrating Substance Use Treatment and Health Care: A Primary Care-Based Health Home Model

Constance Weisner, DrPH, LCSW, *University of California, San Francisco*

K. Medication Assisted Treatment for Substance Use Disorders

Larissa Mooney, MD, *UCLA Integrated Substance Abuse Programs*

L. Creating Support Systems for Individuals at Risk for Suicide – the MY3 Suicide Prevention Mobile App and Suicide Prevention in Primary Care Toolkit

Theresa Ly, MPH, *California Mental Health Services Authority*

Sandra Black, MSW, *Know the Signs Suicide Prevention Statewide Campaign*

Stan Collins, *Know the Signs Suicide Prevention Statewide Campaign*

M. MHSA Innovation Integrated Care Outcomes: Data-Driven Decision Making

Debbie Innes-Gomberg, PhD, *Los Angeles County Department of Mental Health*

N. Culturally Sensitive Practice: Engagement without Insult

Barbara Stroud, PhD, *Barbara Stroud Training and Consultation*

O. Will They Turn You into a Zombie? What Providers Need to Know about Synthetic Drugs

Beth Rutkowski, MPH, *UCLA Integrated Substance Abuse Programs*

P. A Tale of Transformation: Shifting from Student Health to Campus Wellness in LAUSD Schools

Kimberly Uyeda, MD, MPH, *Los Angeles Unified School District*

Maryjane Puffer, BSN, MPA, *Los Angeles Trust for Children's Health*

Q. What is Mental Health First Aid?

Joycelyn Whiten, PhD, *Los Angeles County Substance Abuse Prevention and Control*

Dwyane Clements, *Los Angeles County Substance Abuse Prevention and Control*

R. Family Centered Substance Abuse Treatment: Integrating Systems of Care

Cassandra Loch, LCSW, MBA, *Prototypes*

April Wilson, BA, RAS, *Prototypes*

Holly Child, MS, *Children and Family Futures*

Funding for this conference was made possible by the Department of Mental Health - UCLA Contract #MH010089, supported through MHSA Innovation Training Funds. This conference was also supported by cooperative agreement 1 UR1 TI024242-01 from the Substance Abuse and Mental Health Services Administration. The conference contents are solely the responsibility of LA County, Department of Mental Health, UCLA ISAP, the Pacific Southwest ATTC, and the COD Conference Planning Committee and do not necessarily represent the official views of SAMHSA

October 23, 2014

7:30 am—8:15 am Continental Breakfast/Registration

8:15 am—9:00 am Plenary Session:

Navigating Health Policies, Clinical Practices, and Research: One Fed's Odyssey
Rear Admiral Peter J. Delany, PhD, LCSW-C, *Substance Abuse and Mental Health Services Administration*

9:00 am—10:30 am Plenary Panel Discussion:

Health Neighborhoods: The Next Step for Integrated Services

Moderator: Debbie Innes-Gomberg, PhD, Los Angeles County Department of Mental Health

Marvin Southard, DSW, Los Angeles County Department of Mental Health

Clayton Chau, MD, PhD, L.A. Care Health Plan

Cynthia Harding, MPH, Los Angeles County Department of Public Health

Kenneth B. Wells, MD, MPH, UCLA David Geffen School of Medicine

Alexander Li, MD, Los Angeles County Department of Health Services

10:30 am—10:45 am Break

10:45 am—12:15 pm Workshops: Session III

S. Advances in Health Information Exchange and the Protection of Data Privacy and Security

Tom Trabin, PhD, Alameda County Behavioral Health Services Agency

Jud E. DeLoss, JD, Popovits & Robinson Attorneys at Law

David A. Minch, HealthShare Bay Area

Clayton Chau, MD, PhD, L.A. Care Health Plan

T. Alcohol and Drugs – Baby Boomers Never Left the Party: Providing Effective SUD Treatment to Older Adults

José C. Salazar, DrPH, Tarzana Treatment Centers

U. Integrating Recovery Counseling with the 12 Steps of Alcoholics Anonymous

Allen Berger, PhD, Southern California Institute of Gestalt Experiential Therapy

V. Therapeutic Justice: Collaboration; Integration and Effective Use of Limited Resources

Leon Evans, The Center for Health Care Services

W. Targeting Brain Inflammation to Treat Methamphetamine Addiction

Keith Heinzerling, MD, MPH, UCLA Center for Behavioral & Addiction Medicine

X. Question, Persuade, and Refer: Gatekeeper Training for Suicide Prevention

Jessica Cruz, MSW, Los Angeles County Department of Mental Health

Edwin Pouzeaud, MA, Los Angeles County Department of Mental Health

Cathy Williamson, Los Angeles County Department of Mental Health

Y. Partnered Integrated Community Care for Depression

Kenneth B. Wells, MD, MPH, UCLA David Geffen School of Medicine

Yolanda Whittington, LCSW, Los Angeles County Department of Mental Health

Z. Adolescent Substance Abuse Treatment and Integrated Care

Rachel Gonzales, PhD, MPH, UCLA Integrated Substance Abuse Programs

A training on Screening, Brief Intervention, and Referral to Treatment (SBIRT), approved by the California Department of Health Care Services, will be offered in the afternoon of Day 2. More details and registration information is available at www.uclaisap.org/cod

Conference Information

Conference Planning Committee

Sermed Alkass, Los Angeles County DMH
Francesca Anello, Los Angeles County DMH
Ken Bachrach, Tarzana Treatment Centers
Verda Bradley, Los Angeles County DPH, SAPC
Emi Bojan, Los Angeles County DMH
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Valerie Curtis, Los Angeles County DMH
Darien De Lu, Dept. of Health Care Services
Carol Falender, Pepperdine University
Thomas Freese, UCLA ISAP
Adrienne Gee, Los Angeles County DMH
Thomas Granucci, U.S. Probation Office
Suzanne Holland, Los Angeles County DMH
Grant Hovik, UCLA ISAP

Mandy Johnson, Integrated Behavioral Health Project
Erynne Jones, California Primary Care Association
Samantha Jones, California Primary Care Association
Robert Key, LA Care Health Plan
Sherry Larkins, UCLA ISAP
Tiffany Liu, Los Angeles County DMH
Ingrid Marchus, Los Angeles County DMH
Jim O'Connell, Social Model Recovery Systems, Inc.
Urmi Patel, Los Angeles County DMH
Lise Ruiz, Los Angeles County DMH
Beth Rutkowski, UCLA ISAP
John Sheehe, Los Angeles County DMH
Joycelyn Whiten, Los Angeles County DPH, SAPC

Continuing Education Information

Corrections Personnel: The 11th Statewide Conference qualifies as work-related education (WRE) through the Board of State and Community Corrections' Standards and Training for Corrections (STC) Program. Interested individuals can apply for training credit through their respective training units.

Drug & Alcohol Counselors: UCLA Integrated Substance Abuse Programs is an approved provider of CE credits/contact hours for C.A.D.C.s (CCBAD/CAADAC, 2N-00-445-1115), C.A.T.C.s (ACCBC/CAADE, CP 20 903 C 0816), C.A.S.s (BCAS/CAARR, #5033), and R.A.S.s (Breining Institute, CEP0604111449-ULA-HE). Up to 9.0 CE credits/contact hours will be offered.

MFTs & LCSWs: UCLA Integrated Substance Abuse Programs is approved by the California Board of Behavioral Sciences to offer up to 9.0 CE credits/contact hours to MFTs and LCSWs (PCE# 2001).

Psychologists*: UCLA Integrated Substance Abuse Programs (ISAP) is approved by the American Psychological Association to sponsor continuing education for psychologists. UCLA ISAP maintains responsibility for this program and its content. Up to 9.0 CE credits will be offered.

Physicians, Physician Assistants, and Nurse Practitioners*: Community Health Partnership is accredited by the Institute for Medical Quality/California Medical Association (IMQ/CMA) to provide continuing medical education for physicians and nurse practitioners. Community Health Partnership takes responsibility for the content, quality, and scientific integrity of this CME activity. Community Health Partnership designates this educational activity for a maximum of 9.0 *AMA PRA Category 1 Credit(s)*[™]. Physicians and nurse practitioners should only claim credit commensurate with the extent of their participation in the activity. This credit may also be applied to the CMA Certification in Continuing Medical Education.



Registered Nurses* Provider approved by the California Board of Registered Nursing, Provider #15455, for up to 9.0 contact hours.

*A listing of the specific sessions eligible for continuing education for psychologists, registered nurses, physicians, and nurse practitioners will be indicated in the final conference program.

Continuing Education

Register by Credit Card Online:
www.uclaisap.org/cod

Conference Registration Form

Please print clearly

Name: _____
(First) (Middle) (Last)

Degree (s): _____ Title: _____

Organization: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Fax: _____ E-mail: _____

Please Specify type of continuing education credits you will be receiving (check all that apply):

Psychologist _____ RN _____ MFT/LCSW _____ C.A.D.C. _____

C.A.T.C. _____ C.A.S. _____ R.A.S. _____ MD/NP/PA _____

License/Certification # _____

Please specify the workshop you plan to attend for each session by writing in the letter next to the workshop title:

Day 1, Session I: _____ Day 1, Session II: _____ Day 2, Session III: _____

Special Requirements (e.g., vegetarian, American Sign Language Interpreter, ADA accessibility, etc.): _____

Please specify your primary employment setting:

Primary Care _____ Mental Health _____ Substance Use _____ Other _____

Standard Registration Fee:

\$ 125

Los Angeles County Department of Mental Health Employees:

\$ 60

(verified by the 6-digit LACDMH employee number):

DMH Employee Number: _____ Program/Unit: _____

Supervisor's Name _____ Supervisor's Signature _____

Note to LACDMH employees: The discounted registration fee is available on a first-come, first-serve basis. Conference registration will only be confirmed (via email) once UCLA ISAP has received your payment. For additional questions, please feel free to email John Sheehe, LCSW at JSheehe@dmh.lacounty.gov

Continuing Education Credit:

CE credit will be offered at no additional cost for Psychologists, LCSWs, MFTs, Registered Nurses, Certified Alcohol & Drug Abuse Counselors, Physicians, Physician Assistants, and Nurse Practitioners (see CE section for more information).

Exhibit Tables:

\$300

Space for exhibit tables is available (and includes one registration). We encourage agencies to share information about their programs and advertise job openings.

TOTAL ENCLOSED:

\$

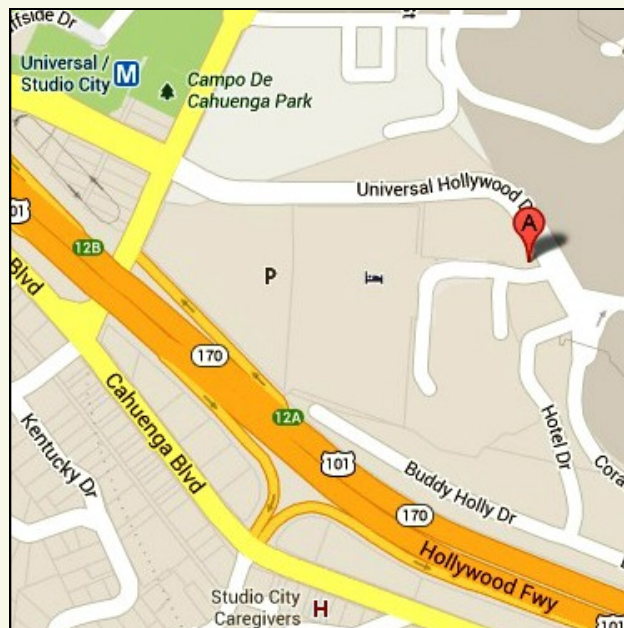
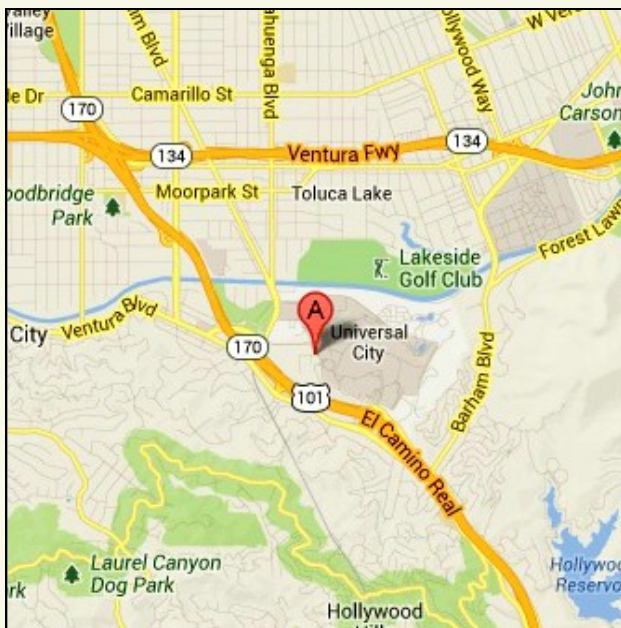
Make checks payable to: UC Regents

Mail this form and payment to: **UCLA ISAP**, 11075 Santa Monica Blvd, Suite 100, Los Angeles, CA 90025 Attn: Maria Castro. Or fax this form to (310) 312-0538. For questions: mcbacca@ucla.edu, or call (310) 267-5398

*** Registration fees are the same for one or both days. Registration includes continental breakfast and lunch.**

*** Notice of cancellation must be made by October 8, 2014 in order to receive a partial refund (registration fee minus a \$25 administrative processing fee). Otherwise all fees are nonrefundable.**

Eleventh Statewide Conference October 22—23, 2014



The Hilton Universal City Hotel is located at: 555 Universal Hollywood Dr, Universal City, CA. 91608, Phone: 1-818-506-2500
The hotel is located at the entrance of Universal Studios on the corner of Universal Hollywood Drive and Hotel Drive.

Discounted guest rooms are available for out of town attendees; information to follow upon registration.
There is a discounted daily self parking rate of \$11.00 per day.