### DAY 1 AGENDA

# **Guam's 5th Annual Behavioral Health and Addictions Virtual Conference**

## DAY ONE: September 25, 2024

\*(All times are in Chamorro Standard Time [ChST])

TIME	ТОРІС	PRESENTER(S)	ТКАСК			
8:00 AM – 9:00 AM (ChST)	Prayer Welcoming Remarks Introductions Opening Remarks	Thomas E. Freese, PhD, UCLA Integrated Substance Use and Addiction Programs Captain Emily Williams, LCSW-PIP, BCD Substance Abuse and Mental Health Services Administration Lourdes Aflague Leon Guerrero Governor of Guam Patrick Camacho– Opening Prayer Guma'Ma Higa				
9:00 AM – 10:00 AM (ChST) AM Plenary Session	[P1] Behavioral Health and Addictions Treatment System in Guam: Past, Present and Future	Joshua F. Tenorio, Lieutenant Governor of Guam Panelists: Athena Duenas, MA, CSAC III, ICADC, LPC James P. Cooper-Nurse, PhD Sara Harrell, MS Carissa E. Pangelinan, MPA	Plenary Session			
10:00 AM – 10:15 AM (ChST)		BREAK				
	[1A] SBIRT and MI: Discussing Substance Use with Teens	Leslie Green, MSW, LICSW	Clinical Intervention + Women,			
	[1B] Trauma-Informed Front Desk Receiving	Natasha Mendoza, MSW, PhD	Mental Health			
	[1C] Vaping and Flavored ENDS: Impact of Policy	Cynthia Au Annette M. David, MD, MPH	Opioids, Stimulants, and other Emerging Trends in the Pacific			
10:15 AM – 11:15 AM (ChST) AM Concurrent Workshops	[1D] An Introduction to Culturally Responsive Ser- vices for LGBTQ Individuals and Pacific Islanders	Grant Hovik, MA	Populations w/ Specific Service Needs			
AM Concurrent workshops	[1E] Equity and Inclusion and what this could and should look like for Pacific Islanders and other Indigenous Populations	Jeri Brunoe James Arriola	Prevention + Populations w/Specific Service Needs			
	[1F] Ethics For Human Services Professionals	Kate Speck, PhD, MAC, LDAC	Challenges and Solutions in Rural Communities			
	[1G] How Community Can Help Restore Families	Bethany Taylor	Women, Children, and Families			

11:15 AM – 12:00 PM (ChST)		Lunch Break						
12:00 PM – 12:15 PM (ChST)		Movement Break— Guma'Ma Higa						
TIME	ΤΟΡΙϹ	PRESENTER(S)	TRACK					
	[2A] How to Effectively Engage People Who Use Drugs: A Training Module for First Responders	Michael Barack Beth Rutkowski, MPH	Clinical Intervention					
	[2B] Pacific Islander CAREs Training: A Mental Health and Wellness Curriculum for Pacific Islanders	Rachele C. Espiritu, PhD	Mental Health + Populations w/ Specific Service Needs					
	[2C] The Harmful Health Effects of Alcohol: What your patients and clients need to know	Terry D. Church, DRSc, MA, MS	Opioids, Stimulants, and other Emerging Trends in the Pacific					
	[2D] Be The Light	Dr. Dayna Schultz	Populations w/ Specific Service Needs					
12:15 PM – 1:15 PM (ChST) PM Concurrent Workshops	[2E] Our Journey to Rediscovering a Culture-Centered Approach to Preventing Substance Misuse and Addiction among Pacific Islander Families	Jeri Brunoe Sara Harrell, MS	Prevention + Populations w/ Specific Service Needs					
	[2F] Emphasizing and Evoking Our Common Humanity: How Public Anti-Stigma Campaigns May Help Rural Communities Address People Who Use Substances	Nancy Roget, MS, MFT, LADC Trisha Dudkowski, BA Michele Solomon, MA, LADC	Challenges and Solutions in Rural Communities + Populations w/ Specific Service Needs					
	[2G] Trauma and Adverse Childhood Experiences	Samantha Santamaria, LCSW Rosana Trivino-Perez, LCSW	Women, Children, and Families + Mental Health					
1:15 PM – 1:30 PM (ChST)		BREAK						
1:30 PM – 2:30 PM (ChST) PM Plenary Session	[P2] Current Trends in Methamphetamine and Fentanyl	Thomas E. Freese, PhD	Plenary Session					

### DAY 2 AGENDA

# **Guam's 5th Annual Behavioral Health and Addictions Virtual Conference**

## DAY TWO: September 26, 2024

\*(All times are in Chamorro Standard Time [ChST])

TIME	ТОРІС	PRESENTER(S)	TRACK			
8:00 AM – 8:15 AM (ChST)	Welcome and Introductions	Beth A. Rutkowski, MPH Thomas E. Freese, PhD UCLA Integrated Substance Abuse Programs				
8:15 AM – 9:15 AM (ChST) AM Plenary AM Plenary Session	[P3] Beyond Resilience: Seven Keys to Thriving into the Future for Families and Professionals through Self and Community Care	Susan Badeau	Plenary Session			
9:15 AM – 9:30 AM (ChST)		BREAK				
	[3A] Contingency Management: An Evidence-Based Behavioral Intervention for Treating Stimulant Use Disorder	Beth Rutkowski, MPH	Clinical Intervention			
	[3B] Difficult Conversations: Strategies for Initiating Discussions to Increase Mental Health Awareness in Pacific	Andrew Kurtz, MA, LMFT	Mental Health + Populations w/ Specific Service Needs			
	[3C] Guam Behavioral Health and Wellness Center- Project PATH	Kevin M. Dema-Ala, MS	Opioids, Stimulants, and other Emerging Trends in the Pacific			
9:30 AM – 10:30 AM (ChST) <b>AM Concurrent Workshops</b>	[3D] Culture as Health	LittleDove Rey, PsyD Joshua Severns, MSW, LCSW, ACDAC	Populations w/ Specific Service Needs			
	[3E] Living the Story You Want To Tell: Indigenous Evaluation & Storytelling	Allyson Kelley, DrPH Bethany Fatupaito, MPH Christie Farmer, BA	Prevention + Populations w/ Specific Service Needs			
	[3F] Hybrid Service Delivery in Clinical Settings: Creating the Right Balance that Meets Clients' Needs	Nancy Roget, MS, MFT, LADC Maryellen Evers, MSW	Challenges and Solutions in Rural Communities + Clinical Intervention			
	[3G] Seven Cee's of Family Engagement Workshop	Susan Badeau	Women, Children, and Families			

10:30 AM – 11:15 AM (ChST)		Lunch Break					
11:15 AM – 11:30 AM (ChST)	ſ	Movement Break— Guma'Ma Higa					
TIME	ΤΟΡΙϹ	PRESENTER(S)	TRACK				
	[4A] Supervision as an Act of Prevention: How to Care for Caregivers	Mitch Doig, CADC II	Clinical Intervention				
	[4B] Provider Resiliency	Natasha Mendoza, MSW, PhD	Mental Health				
	[4C] SUD 101: Re-Examining Foundational SUD Treatment for Novel and Emerging Substances Across the Pacific	Andrew Kurtz, MA, LMFT	Opioids, Stimulants, and other Emerging Trends in the Pacific				
11:30 AM – 12:30 PM (ChST)	[4D] Utilizing Peers to Engage Special Populations	Brian Hahn, BA	Populations w/ Specific Service Needs				
PM Concurrent Workshops	[4E] Youth Engaged Evaluation: A session about bringing youth into the circle of evaluation	Allyson Kelley, DrPH Bethany Fatupaito, MPH Sadie Posey	Prevention + Women, Children, and Families				
	[4F] Supporting Women with Substance Use in Rural Areas at the Intersection of Nutrition and Health	Anne R. Lindsay, PhD	Challenges and Solutions in Rural Communities + Women, Children, and Families				
	[4G] Overview of the 'Ohana Center of Excellence and Re-centering Cultural Identity in Healing	Lilinoe Kauahikaua, MSW	Women, Children, and Families + Populations w/ Specific Service Needs				
12:30 PM – 12:45 PM (ChST)		BREAK					
12:45 PM – 1:45 PM (ChST) <b>PM Plenary Session</b>	[P4] Best Practices in SUD Treatment: Clinical Update for Treating Patients who Use Multiple Substances	Brian Hurley, MD, MBA, FAPA, DFSAM	Plenary Session				
1:45 PM – 2:30 PM (ChST)	Closing Remarks Conference Adjourns	Beth A. Rutkowski, MPH UCLA Integrated Substance Use and Addiction Programs James P. Cooper-Nurse, PhD Deputy Director Joshua F. Tenorio Lieutenant Governor of Guam					

#### Guam's 5th Annual Behavioral Health and Addictions

#### Virtual Conference

Time Zone Conversion Chart

	Tuesday, September 24, 2024								Wednesday, September 25, 2024						
	American Northern									Marshall					
DAY ONE	Samoa	HST	PDT	MDT	CDT	EDT	AST	Koror	Guam	Mariana Islands	Yap	Chuuk	Pohnpei	Kosrae	Islands
Opening Remarks	11:00 AM	12:00 PM	3:00 PM	4:00 PM	5:00 PM	6:00 PM	6:00 PM	7:00 AM	8:00 AM	8:00 AM	8:00 AM	8:00 AM	9:00 AM	9:00 AM	10:00 AM
Plenary Session	12:00 PM	1:00 PM	4:00 PM	5:00 PM	6:00 PM	7:00 PM	7:00 PM	8:00 AM	9:00 AM	9:00 AM	9:00 AM	9:00 AM	10:00 AM	10:00 AM	11:00 AM
Break	1:00 PM	2:00 PM	5:00 PM	6:00 PM	7:00 PM	8:00 PM	8:00 PM	9:00 AM	10:00 AM	10:00 AM	10:00 AM	10:00 AM	11:00 AM	11:00 AM	12:00 PM
Concurrent Workshops	1:15 PM	2:15 PM	5:15 PM	6:15 PM	7:15 PM	8:15 PM	8:15 PM	9:15 AM	10:15 AM	10:15 AM	10:15 AM	10:15 AM	11:15 AM	11:15 AM	12:15 PM
Lunch Break	2:15 PM	3:15 PM	6:15 PM	7:15 PM	8:15 PM	9:15 PM	9:15 PM	10:15 AM	11:15 AM	11:15 AM	11:15 AM	11:15 AM	12:15 PM	12:15 PM	1:15 PM
Movement Break	3:00 PM	4:00 PM	7:00 PM	8:00 PM	9:00 PM	10:00 PM	10:00 PM	11:00 AM	12:00 PM	12:00 PM	12:00 PM	12:00 PM	1:00 PM	1:00 PM	2:00 PM
Concurrent Workshops	3:15 PM	4:15 PM	7:15 PM	8:15 PM	9:15 PM	10:15 PM	10:15 PM	11:15 AM	12:15 PM	12:15 PM	12:15 PM	12:15 PM	1:15 PM	1:15 PM	2:15 PM
Break	4:15 PM	5:15 PM	8:15 PM	9:15 PM	10:15 PM	11:15 PM	11:15 PM	12:15 PM	1:15 PM	1:15 PM	1:15 PM	1:15 PM	2:15 PM	2:15 PM	3:15 PM
Plenary Session	4:30 PM	5:30 PM	8:30 PM	9:30 PM	10:30 PM	11:30 PM	11:30 PM	12:30 PM	1:30 PM	1:30 PM	1:30 PM	1:30 PM	2:30 PM	2:30 PM	3:30 PM
Adjourns	5:30 PM	6:30 PM	9:30 PM	10:30 PM	11:30 PM	12:30 AM	12:30 AM	1:30 PM	2:30 PM	2:30 PM	2:30 PM	2:30 PM	3:30 PM	3:30 PM	4:30 PM

2		Wed	Inesday,	Septemb	e <mark>r 25, 20</mark> 2	24		Thursday, September 26, 2024							
	American									Northern					Marshall
DAY TWO	Samoa	HST	PDT	MDT	CDT	EDT	AST	Koror	Guam	Mariana Islands	Yap	Chuuk	Pohnpei	Kosrae	Islands
Opening Remarks	11:00 AM	12:00 PM	3:00 PM	4:00 PM	5:00 PM	6:00 PM	6:00 PM	7:00 AM	8:00 AM	8:00 AM	8:00 AM	8:00 AM	9:00 AM	9:00 AM	10:00 AM
Plenary Session	11:15 AM	12:15 PM	3:15 PM	4:15 PM	5:15 PM	6:15 PM	6:15 PM	7:15 AM	8:15 AM	8:15 AM	8:15 AM	8:15 AM	9:15 AM	9:15 AM	10:15 AM
Break	12:15 PM	1:15 PM	4:15 PM	5:15 PM	6:15 PM	7:15 PM	7:15 PM	8:15 AM	9:15 AM	9:15 AM	9:15 AM	9:15 AM	10:15 AM	10:15 AM	11:15 AM
Concurrent Workshops	12:30 PM	1:30 PM	4:30 PM	5:30 PM	6:30 PM	7:30 PM	7:30 PM	8:30 AM	9:30 AM	9:30 AM	9:30 AM	9:30 AM	10:30 AM	10:30 AM	11:30 AM
Lunch Break	1:30 PM	2:30 PM	5:30 PM	6:30 PM	7:30 PM	8:30 PM	8:30 PM	9:30 AM	10:30 AM	10:30 AM	10:30 AM	10:30 AM	11:30 AM	11:30 AM	12:30 PM
Movement Break	2:15 PM	3:15 PM	6:15 PM	7:15 PM	8:15 PM	9:15 PM	9:15 PM	10:15 AM	11:15 AM	11:15 AM	11:15 AM	11:15 AM	12:15 PM	12:15 PM	1:15 PM
Concurrent Workshops	2:30 PM	3:30 PM	6:30 PM	7:30 PM	8:30 PM	9:30 PM	9:30 PM	10:30 AM	11:30 AM	11:30 AM	11:30 AM	11:30 AM	12:30 PM	12:30 PM	1:30 PM
Break	3:30 PM	4:30 PM	7:30 PM	8:30 PM	9:30 PM	10:30 PM	10:30 PM	11:30 AM	12:30 PM	12:30 PM	12:30 PM	12:30 PM	1:30 PM	1:30 PM	2:30 PM
Plenary Session	3:45 PM	4:45 PM	7:45 PM	8:45 PM	9:45 PM	10:45 PM	10:45 PM	11:45 AM	12:45 PM	12:45 PM	12:45 PM	12:45 PM	1:45 PM	1:45 PM	2:45 PM
Closing Remarks	4:45 PM	5:45 PM	8:45 PM	9:45 PM	10:45 PM	11:45 PM	11:45 PM	12:45 PM	1:45 PM	1:45 PM	1:45 PM	1:45 PM	2:45 PM	2:45 PM	3:45 PM
Conference Adjourns	5:30 PM	6:30 PM	9:30 PM	10:30 PM	11:30 PM	12:30 AM	12:30 AM	1:30 PM	2:30 PM	2:30 PM	2:30 PM	2:30 PM	3:30 PM	3:30 PM	4:30 PM