



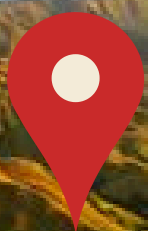
# GUAM'S 6<sup>TH</sup> ANNUAL BEHAVIORAL HEALTH & ADDICTIONS

VIRTUAL CONFERENCE

AGENDA AT-A-GLANCE



# DAY 1





Mt. Lam Lam

# DAY 1 AGENDA

Bougainvillea: vibrant,  
hardy, and blooming all  
over Guam



Time (ChST)	Topic	Presenters
8:00AM - 9:00AM	Welcoming Remarks, Introductions, and Bendishon ( <i>Blessing in Chamorro</i> )	Thomas E. Freese, PhD, UCLA ISAP, PSATTC  Eric Borja  Karran Phillips, MD, CSAT Director  Twyla Adams, MHS, SAMHSA ATTC Project Officer  Linda Fulton & Theresa Mitchell, CSAT GPO's  Joshua F. Tenorio, Acting Governor of Guam
9:00AM - 10:00AM 	P1: Demystifying the Use of Medications for Treating and Reducing the Harm Associated with Opioid Use Disorder Use in Rural Settings	Thomas E. Freese, PhD Director UCLA ISAP, Co-Director PS-ATTC
15min Break		
10:15AM - 11:15AM	AM Workshops	
45min Break		
12:00PM - 12:15PM	Movement Session	Patrick Camacho with Guma'Ma Higa
12:15PM - 1:15PM	PM Workshops	
15min Break		
1:30PM - 2:30PM 	P2: Uncovering the Hidden: Substance Use in Guam	Annette M. David, MD, MPH Senior Partner, Health Partners



# AM WORKSHOPS

## ★ 1A: What to Do? Opioid Use in Pregnancy

Heather Momberg, DNP, RN

**Clinical Track**

## 1B: Difficult Conversations: Practical Strategies to Spark Mental Health Awareness in Pacific Communities

Grant Hovik, MA

**Mental Health Track**

## ★ 1C: Beyond the Headlines: Understanding and Addressing Emerging Drug Trends

Beth A. Rutkowski, MPH

**Opioids, Stimulants, & other Emerging Trends Track**

## 1D: Grief and Loss: Supporting Children, Youth, and Families

Linda Garcia, MA, CCLS

**Populations w/ Specific Service Needs Track**

## 1E: The Intersection: Substance Misuse and Suicide Prevention

Jana Boocock, MSW, CAC, CPS

**Prevention Track**

## 1F: Integrating Family Support | Community Reinforcement and Family Training (CRAFT)

Darlene Schultz, BS

**Challenges and Solutions in Rural Communities Track**

## 1G: Preventing Substance Use Among Young Adults with Disabilities

Humberto Carvalho, MPH

**Women, Children, and Families Track**

## ★ 1H: Intersecting Epidemics: Substance Use and Tuberculosis

Chima Mbakwem, MSHS, PGCPE; Shannon Faythe

Brown RN, BSN, MHA, CCM; Jackson Smith, MPH; Ariel

Villasenor-Urgo, BSPH

**Co-Occurring Health Conditions Track**

CME / Pharmacy credits available =



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the ko'ko is the  
national bird of Guam





# PM WORKSHOPS

## 2A: Dialectical Behavioral Therapy in SUD Treatment

*Samantha Santamaria, LCSW*

*Clinical Track*

## 2B: Trauma Informed Engagement: Strategies for Compassionate Safety in Youth Treatment

*Andrew Kurtz, MA, LMFT*

*Mental Health Track*

## 2C: Beyond Statistics: Tackling Youth Substance Use with Effective Interventions

*Jose C. Salazar, DrPH, MPH*

*Opioids, Stimulants, & other Emerging Trends Track*



## 2D: Nutrition, Substance Use, and Recovery

*Annie Lindsay, PhD, FACSM; Lenora Matanane, MS, RDN, LD*

*Populations w/ Specific Service Needs Track*

## 2E: Level Up Youth Engagement: Practical Strategies for Community-Based Substance Use Prevention

*Ashley Hall; Elizabeth Weybright PhD*

*Prevention Track*

## 2F: Tuning Up Your Ethical Game!

*Kate Speck, PhD, MAC, LADC*

*Challenges and Solutions in Rural Communities Track*

## 2G: Adolescent Engagement Through Motivational Interviewing

*Rosana Trivino-Perez, LCSW*

*Women, Children, and Families Track*

## 2H: Hepatitis C, HIV, and Substance Use Disorders

*Sarah Rowan, MD*

*Co-Occurring Health Conditions Track*

*CME / Pharmacy credits available =*



CHamoru people have used shells as tools, money, spiritual items and to play chongka







DAY 2





# DAY 2 AGENDA

Time (ChST)	Topic	Presenters
8:00AM - 8:15AM	Opening Remarks	Beth A. Rutkowski, MPH, UCLA ISAP, PS-ATTC  Thomas E. Freese, PhD, UCLA ISAP, PS-ATTC
8:15AM - 9:15AM 	P3: Cannabis Use Disorder - Evidence Based Practices	Ziva D. Cooper, PhD Director, UCLA Center for Cannabis and Cannabinoids
15min Break		
9:30AM - 10:30AM	AM Workshops	
45min Break		
11:15AM - 11:30AM	Movement Session	Patrick Camacho with Guma'Ma Higa
11:30AM - 12:30PM	PM Workshops	
15min Break		
12:45PM - 1:45PM 	P4: Compassionate Care for Youth who Use Substances	Eileen Chen, PsyD Elizabeth Rumbel, MA Center for Addiction Medicine, Denver Health
1:45PM - 2:30PM	Closing Remarks	Beth A. Rutkowski, MPH, UCLA ISAP, PSATTC





# AM WORKSHOPS

## 3A: Competency Based Clinical Supervision

*Paul Hunziker, MA*

**Clinical Track**

## 3B: Effectively Addressing Compassion Fatigue and Burnout

*Maria Hu, DSW, LCSW*

**Mental Health Track**

## 3C: Beyond the Headlines: Understanding and Addressing Emerging Drug Trends

*Beth A. Rutkowski, MPH*

**Opioids, Stimulants, & other Emerging Trends Track**

## 3D: Healing Our People, Honoring Our Roots

*Lilinoe Kauahikaua, MSW, LCSW*

**Populations w/ Specific Service Needs Track**

## 3E: Engaging Faith Communities in Primary Substance Use Prevention

*Albert Gay, MS*

**Prevention Track**

## 3F: Motivating Health Change Through Trauma-Informed Messaging: Nutrition Messaging for Recovery Communities

*Adrienne Markworth, MA*

**Challenges and Solutions in Rural Communities Track**

## 3G: Behavioral Interventions: Working with Populations at Risk for HIV and Stimulant Use Disorder

*Ricardo Garcia, BA*

**Women, Children, and Families Track**

## 3H: Perinatal & Reproductive Healthcare for People Living with HIV

*Monica Hahn, MD, MPH, MS, AAHIVS*

**Co-Occurring Health Conditions Track**

CME / Pharmacy credits available =



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In CHamoru folklore,  
paradise is filled with  
bananas, coconuts and other  
fruits of the Earth





# PM WORKSHOPS

## **4A: Radical Hospitality Starts Within: Self-Care as a Core Contingency Management Strategy**

*Andrew Dertien, CADAC-I; Jennifer Sabatier, MA*

**Clinical Track**

## **4B: Effectively Addressing Compassion Fatigue and Burnout**

*Maria Hu, DSW, LCSW*

**Mental Health Track**



## **4C: Medications for Addiction Treatment on Guam**

*Athena Duenas, MA, CSAC III, ICADC, LPC; Nancy Swamy, MA, CSAC-III, ICADC; Carla T. Haddock DNP, FNP-C, AGACNP-BC*

**Opioids, Stimulants, & other Emerging Trends Track**

## **4D: Innovative Programs for Youth**

*Rachel Castaneda, PhD, MPH*

**Populations w/ Specific Service Needs Track**

## **4E: Media in Prevention: Social Media Best Practices**

*Rebecca L. Cooney, MS*

**Prevention Track**

## **4F: Culture As Health**

*Joshua Severns, MSW, LCSW, ACADC*

**Challenges and Solutions in Rural Communities Track**

## **4G: Hope Dealers: Guam's Peer-Led Youth Empowerment Prevention Programs**

*Jerria Martin; Brian Hahn*

**Women, Children, and Families Track**

## **4H: Care Without Barriers: Street Medicine for HIV & Substance Use**

*Benjamin Ignalino; Kunane Dreier, BA; Katie Wood, MS, LAADC*

**Co-Occurring Health Conditions Track**



**CME / Pharmacy credits available =**



Coconut Palm (also known as  
the Tree of Life!)



# TIMEZONE CONVERTER

## Guam's 6th Annual Behavioral Health and Addictions

### Virtual Conference

#### Time Zone Conversion Chart

<u>DAY ONE</u>	<u>Wednesday, September 24, 2025</u>							<u>Thursday, September 25, 2025</u>							
	American Samoa	HST	PDT	MDT	CDT	EDT	AST	Koror	Guam	Northern Mariana Islands	Yap	Chuuk	Pohnpei	Kosrae	Marshall Islands
Opening Remarks	11:00 AM	12:00 PM	3:00 PM	4:00 PM	5:00 PM	6:00 PM	7:00 PM	7:00 AM	<b>8:00 AM</b>	8:00 AM	8:00 AM	8:00 AM	9:00 AM	9:00 AM	10:00 AM
Plenary Session	12:00 PM	1:00 PM	4:00 PM	5:00 PM	6:00 PM	7:00 PM	8:00 PM	8:00 AM	<b>9:00 AM</b>	9:00 AM	9:00 AM	9:00 AM	10:00 AM	10:00 AM	11:00 AM
Break	1:00 PM	2:00 PM	5:00 PM	6:00 PM	7:00 PM	8:00 PM	9:00 PM	9:00 AM	<b>10:00 AM</b>	10:00 AM	10:00 AM	10:00 AM	11:00 AM	11:00 AM	12:00 PM
Concurrent Workshops	1:15 PM	2:15 PM	5:15 PM	6:15 PM	7:15 PM	8:15 PM	9:15 PM	9:15 AM	<b>10:15 AM</b>	10:15 AM	10:15 AM	10:15 AM	11:15 AM	11:15 AM	12:15 PM
Lunch Break	2:15 PM	3:15 PM	6:15 PM	7:15 PM	8:15 PM	9:15 PM	10:15 PM	10:15 AM	<b>11:15 AM</b>	11:15 AM	11:15 AM	11:15 AM	12:15 PM	12:15 PM	1:15 PM
Movement Break	3:00 PM	4:00 PM	7:00 PM	8:00 PM	9:00 PM	10:00 PM	11:00 PM	11:00 AM	<b>12:00 PM</b>	12:00 PM	12:00 PM	12:00 PM	1:00 PM	1:00 PM	2:00 PM
Concurrent Workshops	3:15 PM	4:15 PM	7:15 PM	8:15 PM	9:15 PM	10:15 PM	11:15 PM	11:15 AM	<b>12:15 PM</b>	12:15 PM	12:15 PM	12:15 PM	1:15 PM	1:15 PM	2:15 PM
Break	4:15 PM	5:15 PM	8:15 PM	9:15 PM	10:15 PM	11:15 PM	12:15 PM	12:15 PM	<b>1:15 PM</b>	1:15 PM	1:15 PM	1:15 PM	2:15 PM	2:15 PM	3:15 PM
Plenary Session	4:30 PM	5:30 PM	8:30 PM	9:30 PM	10:30 PM	11:30 PM	12:30AM	12:30 PM	<b>1:30 PM</b>	1:30 PM	1:30 PM	1:30 PM	2:30 PM	2:30 PM	3:30 PM
Adjourns	5:30 PM	6:30 PM	9:30 PM	10:30 PM	11:30 PM	12:30 AM	1:30 AM	1:30 PM	<b>2:30 PM</b>	2:30 PM	2:30 PM	2:30 PM	3:30 PM	3:30 PM	4:30 PM

<u>DAY TWO</u>	<u>Thursday, September 25, 2025</u>							<u>Friday, September 26, 2025</u>							
	American Samoa	HST	PDT	MDT	CDT	EDT	AST	Koror	Guam	Northern Mariana Islands	Yap	Chuuk	Pohnpei	Kosrae	Marshall Islands
Opening Remarks	11:00 AM	12:00 PM	3:00 PM	4:00 PM	5:00 PM	6:00 PM	7:00 PM	7:00 AM	<b>8:00 AM</b>	8:00 AM	8:00 AM	8:00 AM	9:00 AM	9:00 AM	10:00 AM
Plenary Session	11:15 AM	12:15 PM	3:15 PM	4:15 PM	5:15 PM	6:15 PM	7:15 PM	7:15 AM	<b>8:15 AM</b>	8:15 AM	8:15 AM	8:15 AM	9:15 AM	9:15 AM	10:15 AM
Break	12:15 PM	1:15 PM	4:15 PM	5:15 PM	6:15 PM	7:15 PM	8:15 PM	8:15 AM	<b>9:15 AM</b>	9:15 AM	9:15 AM	9:15 AM	10:15 AM	10:15 AM	11:15 AM
Concurrent Workshops	12:30 PM	1:30 PM	4:30 PM	5:30 PM	6:30 PM	7:30 PM	8:30 PM	8:30 AM	<b>9:30 AM</b>	9:30 AM	9:30 AM	9:30 AM	10:30 AM	10:30 AM	11:30 AM
Lunch Break	1:30 PM	2:30 PM	5:30 PM	6:30 PM	7:30 PM	8:30 PM	9:30 PM	9:30 AM	<b>10:30 AM</b>	10:30 AM	10:30 AM	10:30 AM	11:30 AM	11:30 AM	12:30 PM
Movement Break	2:15 PM	3:15 PM	6:15 PM	7:15 PM	8:15 PM	9:15 PM	10:15 PM	10:15 AM	<b>11:15 AM</b>	11:15 AM	11:15 AM	11:15 AM	12:15 PM	12:15 PM	1:15 PM
Concurrent Workshops	2:30 PM	3:30 PM	6:30 PM	7:30 PM	8:30 PM	9:30 PM	10:30 PM	10:30 AM	<b>11:30 AM</b>	11:30 AM	11:30 AM	11:30 AM	12:30 PM	12:30 PM	1:30 PM
Break	3:30 PM	4:30 PM	7:30 PM	8:30 PM	9:30 PM	10:30 PM	11:30 PM	11:30 AM	<b>12:30 PM</b>	12:30 PM	12:30 PM	12:30 PM	1:30 PM	1:30 PM	2:30 PM
Plenary Session	3:45 PM	4:45 PM	7:45 PM	8:45 PM	9:45 PM	10:45 PM	11:45 PM	11:45 AM	<b>12:45 PM</b>	12:45 PM	12:45 PM	12:45 PM	1:45 PM	1:45 PM	2:45 PM
Closing Remarks	4:45 PM	5:45 PM	8:45 PM	9:45 PM	10:45 PM	11:45 PM	12:45 AM	12:45 PM	<b>1:45 PM</b>	1:45 PM	1:45 PM	1:45 PM	2:45 PM	2:45 PM	3:45 PM
Conference Adjourns	5:30 PM	6:30 PM	9:30 PM	10:30 PM	11:30 PM	12:30 AM	1:30 AM	1:30 PM	<b>2:30 PM</b>	2:30 PM	2:30 PM	2:30 PM	3:30 PM	3:30 PM	4:30 PM

**Please note:** The agenda is presented in Guam Time (ChST – Chamorro Standard Time). Kindly refer to the time zone conversion chart to determine your local time. When you join the conference, Zoom Events will automatically show session times in your local time zone.