



GUAM'S 6TH ANNUAL BEHAVIORAL HEALTH & ADDICTIONS VIRTUAL CONFERENCE

[CONFERENCE WEBSITE](#)

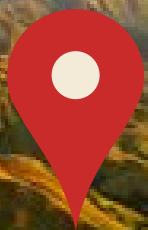
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DAY 1





Mt. Lam Lam

DAY 1 AGENDA

Bougainvillea: vibrant,
hardy, and blooming all
over Guam



Time (ChST)	Topic	Presenters
8:00AM - 9:00AM	Welcoming Remarks, Introductions, and Bendishon (<i>Blessing in Chamorro</i>)	Thomas E. Freese, PhD, UCLA ISAP, PSATTC Eric Borja Karran Phillips, MD, CSAT Director Twyla Adams, MHS, SAMHSA ATTC Project Officer Linda Fulton & Theresa Mitchell, CSAT GPO's Joshua F. Tenorio, Acting Governor of Guam
9:00AM - 10:00AM 	P1: Demystifying the Use of Medications for Treating and Reducing the Harm Associated with Opioid Use Disorder Use in Rural Settings	Thomas E. Freese, PhD Director UCLA ISAP, Co-Director PS-ATTC
15min Break		
10:15AM - 11:15AM	AM Workshops	
45min Break		
12:00PM - 12:15PM	Movement Session	Patrick Camacho with Guma'Ma Higa
12:15PM - 1:15PM	PM Workshops	
15min Break		
1:30PM - 2:30PM 	P2: Uncovering the Hidden: Substance Use in Guam	Annette M. David, MD, MPH Senior Partner, Health Partners



AM WORKSHOPS

★ 1A: What to Do? Opioid Use in Pregnancy

Heather Momberg, DNP, RN

Clinical Track

1B: Difficult Conversations: Practical Strategies to Spark Mental Health Awareness in Pacific Communities

Grant Hovik, MA

Mental Health Track

★ 1C: Beyond the Headlines: Understanding and Addressing Emerging Drug Trends

Beth A. Rutkowski, MPH

Opioids, Stimulants, & other Emerging Trends Track

1D: Grief and Loss: Supporting Children, Youth, and Families

Linda Garcia, MA, CCLS

Populations w/ Specific Service Needs Track

1E: The Intersection: Substance Misuse and Suicide Prevention

Jana Boocock, MSW, CAC, CPS

Prevention Track

1F: Integrating Family Support | Community Reinforcement and Family Training (CRAFT)

Darlene Schultz, BS

Challenges and Solutions in Rural Communities Track

1G: Preventing Substance Use Among Young Adults with Disabilities

Humberto Carvalho, MPH

Women, Children, and Families Track

★ 1H: Intersecting Epidemics: Substance Use and Tuberculosis

Chima Mbakwem, MSHS, PGCFE; Shannon Faythe

Brown RN, BSN, MHA, CCM; Jackson Smith, MPH; Ariel

Villasenor-Urgo, BSPH

Co-Occurring Health Conditions Track

CME / Pharmacy credits available =



W
K
A
D

the ko'ko is the
national bird of Guam



PM WORKSHOPS

2A: Dialectical Behavioral Therapy in SUD Treatment

Samantha Santamaria, LCSW

Clinical Track

2B: Trauma Informed Engagement: Strategies for Compassionate Safety in Youth Treatment

Andrew Kurtz, MA, LMFT

Mental Health Track

2C: Beyond Statistics: Tackling Youth Substance Use with Effective Interventions

Jose C. Salazar, DrPH, MPH

Opioids, Stimulants, & other Emerging Trends Track



2D: Nutrition, Substance Use, and Recovery

Annie Lindsay, PhD, FACSM; Lenora Matanane, MS, RDN, LD

Populations w/ Specific Service Needs Track

2E: Level Up Youth Engagement: Practical Strategies for Community-Based Substance Use Prevention

Ashley Hall; Elizabeth Weybright PhD

Prevention Track

2F: Tuning Up Your Ethical Game!

Kate Speck, PhD, MAC, LADC

Challenges and Solutions in Rural Communities Track

2G: Adolescent Engagement Through Motivational Interviewing

Rosana Trivino-Perez, LCSW

Women, Children, and Families Track

2H: Hepatitis C, HIV, and Substance Use Disorders

Sarah Rowan, MD

Co-Occurring Health Conditions Track

CME / Pharmacy credits available =





CHamoru people have used shells as tools, money, spiritual items and to play chongka



DAY 2



DAY 2 AGENDA

Time (ChST)	Topic	Presenters
8:00AM - 8:15AM	Opening Remarks	Beth A. Rutkowski, MPH, UCLA ISAP, PS-ATTC Thomas E. Freese, PhD, UCLA ISAP, PS-ATTC
8:15AM - 9:15AM 	P3: Cannabis Use Disorder - Evidence Based Practices	Ziva D. Cooper, PhD Director, UCLA Center for Cannabis and Cannabinoids
15min Break		
9:30AM - 10:30AM	AM Workshops	
45min Break		
11:15AM - 11:30AM	Movement Session	Patrick Camacho with Guma'Ma Higa
11:30AM - 12:30PM	PM Workshops	
15min Break		
12:45PM - 1:45PM 	P4: Compassionate Care for Youth who Use Substances	Eileen Chen, PsyD Elizabeth Rumbel, MA Center for Addiction Medicine, Denver Health
1:45PM - 2:30PM	Closing Remarks	Beth A. Rutkowski, MPH, UCLA ISAP, PSATTC



AM WORKSHOPS

3A: Competency Based Clinical Supervision

Paul Hunziker, MA

Clinical Track

3B: Effectively Addressing Compassion Fatigue and Burnout

Maria Hu, DSW, LCSW

Mental Health Track

3C: Beyond the Headlines: Understanding and Addressing Emerging Drug Trends

Beth A. Rutkowski, MPH

Opioids, Stimulants, & other Emerging Trends Track

3D: Healing Our People, Honoring Our Roots

Lilinoe Kauahikaua, MSW, LCSW

Populations w/ Specific Service Needs Track

3E: Engaging Faith Communities in Primary Substance Use Prevention

Albert Gay, MS

Prevention Track

3F: Motivating Health Change Through Trauma-Informed Messaging: Nutrition Messaging for Recovery Communities

Adrienne Markworth, MA

Challenges and Solutions in Rural Communities Track

3G: Behavioral Interventions: Working with Populations at Risk for HIV and Stimulant Use Disorder

Ricardo Garcia, BA

Women, Children, and Families Track

3H: Perinatal & Reproductive Healthcare for People Living with HIV

Monica Hahn, MD, MPH, MS, AAHIVS

Co-Occurring Health Conditions Track

CME / Pharmacy credits available =



AM WORKSHOPS

In CHamoru folklore,
paradise is filled with
bananas, coconuts and other
fruits of the Earth



PM WORKSHOPS

4A: Radical Hospitality Starts Within: Self-Care as a Core Contingency Management Strategy

Andrew Dertien, CADAC-I; Jennifer Sabatier, MA

Clinical Track

4B: Effectively Addressing Compassion Fatigue and Burnout

Maria Hu, DSW, LCSW

Mental Health Track



4C: Medications for Addiction Treatment on Guam

Athena Duenas, MA, CSAC III, ICADC, LPC; Nancy Swamy, MA, CSAC-III, ICADC; Carla T. Haddock DNP, FNP-C, AGACNP-BC

Opioids, Stimulants, & other Emerging Trends Track

4D: Innovative Programs for Youth

Rachel Castaneda, PhD, MPH

Populations w/ Specific Service Needs Track

4E: Media in Prevention: Social Media Best Practices

Rebecca L. Cooney, MS

Prevention Track

4F: Culture As Health

Joshua Severns, MSW, LCSW, ACADC

Challenges and Solutions in Rural Communities Track

4G: Hope Dealers: Guam's Peer-Led Youth Empowerment Prevention Programs

Jerria Martin; Brian Hahn

Women, Children, and Families Track

4H: Care Without Barriers: Street Medicine for HIV & Substance Use

Benjamin Ignalino; Kunane Dreier, BA; Katie Wood, MS, LAADC

Co-Occurring Health Conditions Track



CME / Pharmacy credits available =



Coconut Palm (also known as
the Tree of Life!)



TIMEZONE CONVERTER

Guam's 6th Annual Behavioral Health and Addictions

Virtual Conference

Time Zone Conversion Chart

<u>DAY ONE</u>	<u>Wednesday, September 24, 2025</u>							<u>Thursday, September 25, 2025</u>							
	American Samoa	HST	PDT	MDT	CDT	EDT	AST	Koror	Guam	Northern Mariana Islands	Yap	Chuuk	Pohnpei	Kosrae	Marshall Islands
Opening Remarks	11:00 AM	12:00 PM	3:00 PM	4:00 PM	5:00 PM	6:00 PM	7:00 PM	7:00 AM	8:00 AM	8:00 AM	8:00 AM	8:00 AM	9:00 AM	9:00 AM	10:00 AM
Plenary Session	12:00 PM	1:00 PM	4:00 PM	5:00 PM	6:00 PM	7:00 PM	8:00 PM	8:00 AM	9:00 AM	9:00 AM	9:00 AM	9:00 AM	10:00 AM	10:00 AM	11:00 AM
Break	1:00 PM	2:00 PM	5:00 PM	6:00 PM	7:00 PM	8:00 PM	9:00 PM	9:00 AM	10:00 AM	10:00 AM	10:00 AM	10:00 AM	11:00 AM	11:00 AM	12:00 PM
Concurrent Workshops	1:15 PM	2:15 PM	5:15 PM	6:15 PM	7:15 PM	8:15 PM	9:15 PM	9:15 AM	10:15 AM	10:15 AM	10:15 AM	10:15 AM	11:15 AM	11:15 AM	12:15 PM
Lunch Break	2:15 PM	3:15 PM	6:15 PM	7:15 PM	8:15 PM	9:15 PM	10:15 PM	10:15 AM	11:15 AM	11:15 AM	11:15 AM	11:15 AM	12:15 PM	12:15 PM	1:15 PM
Movement Break	3:00 PM	4:00 PM	7:00 PM	8:00 PM	9:00 PM	10:00 PM	11:00 PM	11:00 AM	12:00 PM	12:00 PM	12:00 PM	12:00 PM	1:00 PM	1:00 PM	2:00 PM
Concurrent Workshops	3:15 PM	4:15 PM	7:15 PM	8:15 PM	9:15 PM	10:15 PM	11:15 PM	11:15 AM	12:15 PM	12:15 PM	12:15 PM	12:15 PM	1:15 PM	1:15 PM	2:15 PM
Break	4:15 PM	5:15 PM	8:15 PM	9:15 PM	10:15 PM	11:15 PM	12:15 PM	12:15 PM	1:15 PM	1:15 PM	1:15 PM	1:15 PM	2:15 PM	2:15 PM	3:15 PM
Plenary Session	4:30 PM	5:30 PM	8:30 PM	9:30 PM	10:30 PM	11:30 PM	12:30AM	12:30 PM	1:30 PM	1:30 PM	1:30 PM	1:30 PM	2:30 PM	2:30 PM	3:30 PM
Adjourns	5:30 PM	6:30 PM	9:30 PM	10:30 PM	11:30 PM	12:30 AM	1:30 AM	1:30 PM	2:30 PM	2:30 PM	2:30 PM	2:30 PM	3:30 PM	3:30 PM	4:30 PM

<u>DAY TWO</u>	<u>Thursday, September 25, 2025</u>							<u>Friday, September 26, 2025</u>							
	American Samoa	HST	PDT	MDT	CDT	EDT	AST	Koror	Guam	Northern Mariana Islands	Yap	Chuuk	Pohnpei	Kosrae	Marshall Islands
Opening Remarks	11:00 AM	12:00 PM	3:00 PM	4:00 PM	5:00 PM	6:00 PM	7:00 PM	7:00 AM	8:00 AM	8:00 AM	8:00 AM	8:00 AM	9:00 AM	9:00 AM	10:00 AM
Plenary Session	11:15 AM	12:15 PM	3:15 PM	4:15 PM	5:15 PM	6:15 PM	7:15 PM	7:15 AM	8:15 AM	8:15 AM	8:15 AM	8:15 AM	9:15 AM	9:15 AM	10:15 AM
Break	12:15 PM	1:15 PM	4:15 PM	5:15 PM	6:15 PM	7:15 PM	8:15 PM	8:15 AM	9:15 AM	9:15 AM	9:15 AM	9:15 AM	10:15 AM	10:15 AM	11:15 AM
Concurrent Workshops	12:30 PM	1:30 PM	4:30 PM	5:30 PM	6:30 PM	7:30 PM	8:30 PM	8:30 AM	9:30 AM	9:30 AM	9:30 AM	9:30 AM	10:30 AM	10:30 AM	11:30 AM
Lunch Break	1:30 PM	2:30 PM	5:30 PM	6:30 PM	7:30 PM	8:30 PM	9:30 PM	9:30 AM	10:30 AM	10:30 AM	10:30 AM	10:30 AM	11:30 AM	11:30 AM	12:30 PM
Movement Break	2:15 PM	3:15 PM	6:15 PM	7:15 PM	8:15 PM	9:15 PM	10:15 PM	10:15 AM	11:15 AM	11:15 AM	11:15 AM	11:15 AM	12:15 PM	12:15 PM	1:15 PM
Concurrent Workshops	2:30 PM	3:30 PM	6:30 PM	7:30 PM	8:30 PM	9:30 PM	10:30 PM	10:30 AM	11:30 AM	11:30 AM	11:30 AM	11:30 AM	12:30 PM	12:30 PM	1:30 PM
Break	3:30 PM	4:30 PM	7:30 PM	8:30 PM	9:30 PM	10:30 PM	11:30 PM	11:30 AM	12:30 PM	12:30 PM	12:30 PM	12:30 PM	1:30 PM	1:30 PM	2:30 PM
Plenary Session	3:45 PM	4:45 PM	7:45 PM	8:45 PM	9:45 PM	10:45 PM	11:45 PM	11:45 AM	12:45 PM	12:45 PM	12:45 PM	12:45 PM	1:45 PM	1:45 PM	2:45 PM
Closing Remarks	4:45 PM	5:45 PM	8:45 PM	9:45 PM	10:45 PM	11:45 PM	12:45 AM	12:45 PM	1:45 PM	1:45 PM	1:45 PM	1:45 PM	2:45 PM	2:45 PM	3:45 PM
Conference Adjourns	5:30 PM	6:30 PM	9:30 PM	10:30 PM	11:30 PM	12:30 AM	1:30 AM	1:30 PM	2:30 PM	2:30 PM	2:30 PM	2:30 PM	3:30 PM	3:30 PM	4:30 PM

Please note: The agenda is presented in Guam Time (ChST – Chamorro Standard Time). Kindly refer to the time zone conversion chart to determine your local time. When you join the conference, Zoom Events will automatically show session times in your local time zone.

TRACK



INFORMATION

TRACK INFORMATION

Plenary

The "Plenary" conference track features four sessions. During the first plenary, participants will explore the importance of medicines as an intervention for Opioid Use Disorder (OUD), especially in rural settings. The second plenary will highlight the approach taken by Guam's State Epidemiological Outcomes Workgroup (SEOW) in determining the nature and extent of illicit substance use in the US Territory of Guam. On Day 2, the first plenary will describe Cannabis Use Disorder (CUD), including its clinical presentation, risk factors, and current approaches to management. The conference will conclude with a session on the impact of substances on the developing brain, the neuroscience of addiction, the addiction cycle, and challenges that are faced by youth who use drugs.

Clinical Track (A Workshops)

The "Clinical Interventions" track will feature workshops that address opioid use in pregnancy and the broad applications of Dialectical Behavioral Therapy (DBT). There will be a session on clinical supervision and one on self-care as a tool for Contingency Management practitioners.

Mental Health Track (B Workshops)

In the "Mental Health" conference track, participants will explore practical strategies to spark mental health awareness in Pacific communities. Sessions will cover how Trauma-Informed Care (TIC) principles can be applied as a strategic framework to engage youth more effectively in clinical, educational, and community settings. Additionally, the track offers workshops on enhancing provider well-being by increasing awareness of compassion fatigue, secondary trauma, and burnout.

Opioids, Stimulants, & other Emerging Trends Track (C Workshops)

In the "Opioids, Stimulants, and other Emerging Trends" conference track, sessions will address synthetic drugs, fentanyl, other synthetic opioids, xylazine, cannabis, methamphetamine, cocaine, and mixed opioids/stimulants. Sessions will also address substance use among youth populations and effective programs and interventions that can be implemented to reduce and/or prevent progression in the substance use disorder (SUD) continuum. There will also be a session on medications for addiction treatment in Guam.

TRACK INFORMATION

Populations w/ Specific Service Needs Track (D Workshops)

In the "Populations with Specific Service Need" track, attendees will explore grief and loss, the role of nutrition in recovery, and highlight how culture serves as a vital protective factor for wellness. The final session will describe innovative programs for youth.

Prevention Track (E Workshops)

In the "Prevention" conference track, the first session will explore the connection between substance misuse and suicide. Another session will focus on youth engagement in prevention programming. The third session delves into engaging faith communities in primary substance use prevention. The importance of social media best practices will be highlighted in the final session, showcasing the steps for building a social media strategy framework.

Challenges and Solutions in Rural Communities Track (F Workshops)

This year our Challenges and Solutions in Rural Communities track will showcase sessions on integrating family support into recovery, navigating ethical considerations in rural settings, crafting safe and effective messaging to boost care engagement, and the Culture as Health model (Yamane and Helm, 2022) which can inform prevention, engagement, and treatment for indigenous people.

Women, Children, and Families Track (G Workshops)

In the "Women, Children, and Families" track, attendees will learn about preventing substance use among young adults with disabilities, adolescent engagement through motivational interviewing techniques, behavioral interventions for populations at risk for HIV and stimulant use disorder, and youth empowerment prevention strategies in Guam.

Co-Occurring Health Conditions Track (H Workshops)

This is a new track this year! Sessions will explore a range of critical topics, including the intersection of tuberculosis and substance use disorders, Hepatitis C and HIV, perinatal HIV considerations, and strategies for effective street-based outreach services.



WORKSHOP DESCRIPTIONS

DAY 1 – AM

P1: Demystifying the Use of Medications for Treating and Reducing the Harm Associated with Opioid Use Disorder Use in Rural Settings

This plenary session will explore the importance of medicines as an intervention for Opioid Use Disorder (OUD), especially in rural settings. The presenter will provide a brief overview of the scope of the opioid problem and its interconnection with other substances in increasing overdose deaths as well as discuss strategies overcoming negative attitudes and perceptions faced by individuals with OUD in rural settings, medical and behavioral treatment, and strategies to prevent overdoses. Recommendations for building compassion for this hard-to-reach population and creating safe and easily accessible clinical spaces in which to receive care will be discussed.

1A: What to Do? Opioid Use in Pregnancy

This workshop will cover common substance use disorders affecting pregnancy, highlighting the importance of recognizing substance use disorders as chronic diseases during pregnancy. The session will explain key components of the "Eat, Sleep, Console" method for managing Neonatal Abstinence Syndrome. A case presentation will also be discussed.

1B: Difficult Conversations: Practical Strategies to Spark Mental Health Awareness in Pacific Communities

Mental health and substance use challenges continue to affect Pacific communities in profound ways, creating a pressing need for mobilizing providers and community members. This interactive session will highlight training opportunities from UCLA ISAP's Pacific Mental Health Awareness Training (P-MHAT) grant, offering attendees practical skills, culturally responsive strategies, and outreach approaches to strengthen community support. Participants will explore ways to improve referrals to behavioral and mental health services and expand access to both professional and community-based resources tailored to Pacific communities.

1C: Beyond the Headlines: Understanding and Addressing Emerging Drug Trends

This workshop will provide a detailed review of emerging drugs. Epidemiological data on synthetic drugs, fentanyl, other synthetic opioids, xylazine, cannabis, methamphetamine, cocaine, mixed opioids/stimulants, and vaping will be presented. The presentation will define key terms, describe the major classes of emerging drugs, present available data on the extent of use, and discuss the acute and chronic effects. The presentation will conclude with a discussion of strategies that can be used in your local community to increase access to prevention and treatment services.

1D: Grief and Loss: Supporting Children, Youth, and Families

This workshop provides an overview of grief and loss, focusing on how personal experiences influence work with children and youth facing trauma or loss. Topics include unresolved grief, children's developmental understanding of grief, funeral rituals, communication strategies, cultural considerations, and the importance of self-care to prevent vicarious trauma. A strength-based approach encourages participants to reflect on their own beliefs in a supportive environment.

DAY 1 – AM

1E: The Intersection: Substance Misuse and Suicide Prevention

The connection between substance misuse and suicide is clear and deeply concerning. Both suicide and substance-related deaths continue to rise in the U.S., and research shows that substance use significantly increases suicide risk. Following this workshop, participants will be able to describe the relationship between substance misuse and suicide, identify the critical overlaps between the two fields, explore opportunities for collaboration, and see practical examples of what this looks like in the field.

1F: Integrating Family Support | Community Reinforcement and Family Training (CRAFT)

Families play a critical role in recognizing and responding to behavioral health challenges, yet they often feel overwhelmed, isolated, or unsure how to help. This presentation explores how family support can be meaningfully integrated into recovery services through Community Reinforcement and Family Training (CRAFT) – an evidence-based approach that equips families with tools for effective communication, self-care, and positive reinforcement. Participants will gain an understanding of CRAFT's core principles, discover how it empowers families to encourage change while protecting their own well-being, and learn how USARA implements family support programs in community settings.

1G: Preventing Substance Use Among Young Adults with Disabilities

The presentation highlights the unique vulnerabilities young adults with disability faces, including social isolation, limited access to tailored health education, and higher rates of co-occurring substance use and mental health conditions. It emphasizes the importance of inclusive prevention strategies that address both environmental and individual risk factors, such as peer support programs, accessible communication tools, and culturally competent care.

1H: Intersecting Epidemics: Substance Use and Tuberculosis

This session explores the critical intersection between substance use and tuberculosis (TB), focusing on how these overlapping epidemics impact patient care and public health outcomes. Participants will learn to identify current trends in substance use among individuals diagnosed with TB and recognize how substance use can influence disease progression and treatment adherence.

DAY 1 – PM

2A: Dialectical Behavioral Therapy in Substance Use Disorder Treatment

This session will explore Dialectical Behavioral Therapy (DBT), an evidence-based treatment that was originally developed to treat chronic suicidal ideation and borderline personality disorder (BPD). Research has since shown that DBT is effective in treating a wide range of mood disorders such as depression, post-traumatic stress disorder (PTSD), and eating disorders, as well as for changing behavioral patterns such as self-harm and substance use. DBT is a modified type of cognitive behavioral therapy (CBT), and its main goals are to teach people how to live in the moment, develop healthy ways to cope with stress, regulate their emotions, and improve their relationships with others.

2B: Trauma-Informed Engagement: Strategies for Compassionate Safety in Youth Treatment

This session explores how Trauma-Informed Care (TIC) principles can be applied as a strategic framework to engage youth more effectively in clinical, educational, and community settings. Participants will examine the intersection of trauma, behavior, and engagement, and learn how to foster safety, trust, and empowerment in youth-centered environments. Through examples and interactive discussion, attendees will gain practical tools to shift from reactive approaches to proactive, healing-centered engagement strategies that meet youth where they are.

2C: Beyond Statistics: Tackling Youth Substance Use with Effective Interventions

This informative session will focus on the topic of substance use among youth population and effective programs and interventions that can be implemented to reduce and/or prevent progression in the substance use disorder (SUD) continuum. Drawing from direct service experience and implementation of evidence based practices (EBP's), this presentation will highlight effective interventions for youth and their family, including integration of Medications for Addiction Treatment (MAT).

2D: Nutrition, Substance Use and Recovery

This session will explore the impact of nutrition and physical activity for individuals in recovery. The unique challenges that clients living in rural communities face will be discussed along with resources and supports for implementing strategies to address these challenges.

2E: Level Up Youth Engagement: Practical Strategies for Community-Based Substance Use Prevention

This interactive session draws from the Youth Engagement Resource Guide to explore the foundations and practical applications of youth engagement. Participants will gain insights into why engaging youth during this developmental stage is critical. Through presentation, discussion, and brief activities, attendees will examine various types of youth engagement, learn how to select the most suitable approaches, and consider real-world factors that influence success. The session will conclude with strategies to “level up” youth engagement—moving from participation to leadership and co-creation. All participants will receive a copy of the guide.

DAY 1 – PM

2F: Tuning Up Your Ethical Game!

This practical session will help providers strengthen their approach to ethical challenges. Learn to define key ethical issues, explore research priorities, protect clinician well-being, and develop a personal ethical safety plan. This session offers tools and insights to strengthen your ethical foundation and empower you in your professional role.

2G: Adolescent Engagement Through Motivational Interviewing

This session will introduce participants to Motivational Interviewing (MI), an evidence-based, collaborative communication style designed to strengthen a person's own motivation and commitment to change. It will highlight the foundations of MI, explore why it works with adolescents, and review MI skills that enhance engagement, including the practical micro-skills (OARS) which can help recognize and strengthen change talk.

2H: Hepatitis C, HIV, and Substance Use Disorders

This session will explore the overlapping epidemiology of HIV, HCV, and substance use disorders. Screening guidelines for HIV, HCV, and STIs among people with substance use disorders will be discussed. Novel treatment approaches will be presented that address challenges related to substance use disorders.

P2: Uncovering the Hidden: Substance Use in Guam

This presentation describes the approach taken by Guam's State Epidemiological Outcomes Workgroup (SEOW) in determining the nature and extent of illicit substance use in the US Territory of Guam.

DAY 2 – AM

P3: Cannabis Use Disorder – Evidence Based Practices

This presentation will describe Cannabis Use Disorder (CUD), including its clinical presentation, risk factors, and current approaches to management. Attendees will explore the diagnostic criteria for CUD, with a focus on identifying 2–3 core symptoms commonly seen in clinical practice. The session will also examine individual, environmental, and genetic variables that contribute to the risk of developing CUD. Finally, the session will review current evidence supporting the use of off-label pharmacological interventions and other evidence-based strategies for managing cannabis use disorder. Participants will gain practical insights into assessment and treatment options that can inform clinical decision-making and improve patient outcomes.

3A: Competency Based Clinical Supervision

This workshop is designed for behavioral health professionals who are supervisors or who are considering becoming supervisors. This one-hour lecture with Q &A will introduce participants to the concept of competency-based supervision and how it can benefit their supervisees. We will examine the different competency manuals available to supervisors.

3B: Effectively Addressing Compassion Fatigue and Burnout

This presentation will aim to enhance the provider well-being by increasing awareness of compassion fatigue, secondary trauma, and burnout. Participants in this presentation will not only learn the various key indicators of these stress responses they will also have an opportunity to identify practical tools that enhances resilience. Grounded in the Eight Dimensions of Wellness Model (Swarbrick, 2006), this presentation session will emphasize the various principles that aim to cultivate and foster sustainable self-care practices. Participants will also have an opportunity to identify strategies that integrates self-care into their daily lives.

3C: Beyond the Headlines: Understanding and Addressing Emerging Drug Trends

This workshop will provide a detailed review of emerging drugs. Epidemiological data on synthetic drugs, fentanyl, other synthetic opioids, xylazine, cannabis, methamphetamine, cocaine, mixed opioids/stimulants, and vaping will be presented. The presentation will define key terms, describe the major classes of emerging drugs, present available data on the extent of use, and discuss the acute and chronic effects. The presentation will conclude with a discussion of strategies that can be used in your local community to increase access to prevention and treatment services.

3D: Healing Our People, Honoring Our Roots

This session will introduce the work of Papa Ola Lōkahi, the Native Hawaiian Health Board, and highlight how culture serves as a vital protective factor for wellness. Participants will learn why our work in substance use and mental health is rooted in cultural foundations, and how ancestral knowledge shapes prevention, treatment, and healing. The presentation will showcase cultural resources, trainings, and recent projects that uplift the strengths of our communities, demonstrating culture not only as identity, but as health and healing for both our generation, and those that came before us.

DAY 2 – AM

3E: Engaging Faith Communities in Primary Substance Use Prevention

As trusted institutions that are profoundly embedded within neighborhoods and cultures across diverse populations, faith communities serve as vital, often untapped partners in primary substance use prevention. This presentation delves into the distinctive advantages that religious and spiritual organizations bring to prevention work, such as their values-based messaging that is inherently consistent with substance use prevention objectives, intergenerational connections, regular gathering opportunities, and established community trust.

3F: Motivating Health Change Through Trauma-Informed Messaging: Nutrition Messaging for Recovery Communities

The core objective of this session will be to link the Self-Determination Theory and Recovery Capital Framework to nutrition education. The presentation will outline how nutrition decisions can support self-mobilization and self-regulation. It will also highlight how messaging can support intrinsic motivation by fostering a sense of autonomy, competence, and relatedness. Key takeaways will include the idea that recovery is about rebuilding health, meaning, and connection, and that trauma-informed, recovery-responsive messaging builds trust, agency, and hope. The presentation will analyze examples of nutrition curricula tailored for this population, specifically Leah's Pantry Food Smarts curriculum, adapted for the recovery community.

3G: Behavioral Interventions: Working with Populations at Risk for HIV and Stimulant Use Disorder

The workshop will discuss the intersection of HIV and substance use among populations at risk and will review HIV prevention strategies and a review of behavioral interventions that have been shown to be effective working with populations at risk of HIV infection and substance use. Adolescent considerations will be included.

3H: Perinatal and Reproductive Healthcare for People Living with HIV

The session will provide an overview of reproductive and perinatal care for patients living with HIV. The presenter will discuss how to care for patients and families with a positive, whole-person care approach and will discuss timely updates on HIV prevention and treatment guidelines. This includes applying evidence-based approaches to reproductive and perinatal HIV care and prevention, including counseling and treatment strategies that support the health of people living with HIV and their infants, with the goal of improving outcomes for people living with or at risk for HIV. The session will conclude with a discussion of the role negative attitudes and perceptions contribute to health disparities and the role healthcare workers can play in providing optimal care for diverse patients and families.

DAY 2 – PM

4A: Radical Hospitality Starts Within: Self-Care as a Core Contingency Management Strategy

This interactive workshop will explore how counselor wellness is not only essential for professional sustainability but also central to client transformation. Drawing from personal narratives, Contingency Management (CM) outcomes, and consciousness studies, presenters will highlight the connection between practitioner self-care and client engagement. By integrating self-care into CM practice, providers can model radical hospitality, creating environments where clients feel safe, motivated, and empowered. Ultimately, this session affirms that when clinicians nourish their own well-being, they expand the possibilities for healing, recovery, and sustainable therapeutic relationships.

4B: Effectively Addressing Compassion Fatigue and Burnout

This presentation will aim to enhance the provider well-being by increasing awareness of compassion fatigue, secondary trauma, and burnout. Participants in this presentation will not only learn the various key indicators of these stress responses they will also have an opportunity to identify practical tools that enhances resilience. Grounded in the Eight Dimensions of Wellness Model (Swarbrick, 2006), this presentation session will emphasize the various principles that aim to cultivate and foster sustainable self-care practices. Participants will also have an opportunity to identify strategies that integrate self-care into their daily lives.

4C: Medications for Addiction Treatment on Guam: Update

This session will discuss programs that provide medications for addiction treatment on Guam. It will highlight strategies that can be used to increase access to medication-assisted treatment and will provide examples of successful agency collaborations necessary to increase access to services.

4D: Innovative Program for Youth

This session will describe innovative programs for youth focusing on the use of technology to support youth development and well-being. Digital tools can enhance engagement, deliver timely interventions, and foster healthier lifestyles, focusing on prevention and support around substance use and mental health for youth populations.

4E: Media in Prevention: Social Media Best Practices

The art of effective social media marketing requires that an organization be adept at creating targeted content that speaks to right person, in the right way, at the right time. Digital campaigns are designed with a series of unique pillars in mind that are all vital when working in tandem with a broader communication strategy. In this session we will walk through a series of steps for building a social media strategy framework, talk specifically about digital campaign planning and implementation including guidelines for sharing your message across multiple channels, and then close with information about metrics planning and optimization for sustainable outcomes.

DAY 2 – PM

4F: Culture As Health

The overdose and drug poisoning crisis have impacted every community; however, indigenous people have been disproportionately affected by the losses from overdose death. Centering cultural practices that focus on tradition, resilience, and strength can have a positive impact on the health of Native communities. This presentation will focus on a Culture as Health model (Yamane and Helm, 2022) that can inform prevention, engagement, and treatment for indigenous people.

4G: Hope Dealers: Guam's Peer-Led Youth Empowerment Prevention Programs

This session will highlight Guam's Peer-Led Youth Empowerment Prevention Program, which engages young leaders in promoting healthy choices and preventing risky behaviors among their peers. By fostering collaboration, leadership skills, and community involvement, these programs create a supportive environment where youth actively contribute to positive change across Guam.

4H - Care Without Barriers: Street Medicine for HIV and Substance Use

Street medicine brings HIV and substance use care directly to people where they are, breaking down barriers to access and building trust with marginalized communities. This workshop offers an overview of core services: testing and linkage, mobile treatment, and integrated supports, and highlights best practices for providing compassionate, effective care in the field. A panel of expert providers and community leaders will share real-world insights, challenges, and strategies for strengthening street-based HIV and SUD services. Participants will leave with practical tools and inspiration to expand care for those most in need.

P4: Compassionate Care for Youth who Use Substances

This session will cover the impact of substances on the developing brain, the neuroscience of addiction, the addiction cycle, and challenges that are faced by all people navigating recovery from substance use. Participants will walk away with an enhanced understanding of what is dual diagnosis and a review of supportive strategies to provide care for youth who use drugs. Additionally, this presentation will inform participants on the “No Wrong Door” approach to behavioral health care to better serve youth impacted by substance use.

EVALUATIONS



POST-CONFERENCE EVALUATION

We greatly value your feedback. Please take a moment to complete the Post-Conference Evaluation after attending your final session.

You only need to submit it once.



Link: <https://uclahs.fyi/4921O92625>

DAY 1 – AM EVALUATIONS

P1: Demystifying the Use of Medications for Treating and Reducing the Harm Associated with Opioid Use Disorder Use in Rural Settings

Plenary Track | [Link](#)

1A: What to Do? Opioid Use in Pregnancy

Clinical Track | [Link](#)

1B: Difficult Conversations: Practical Strategies to Spark Mental Health Awareness in Pacific Communities

Mental Health Track | [Link](#)

1C: Beyond the Headlines: Understanding and Addressing Emerging Drug Trends

Opioids, Stimulants, & other Emerging Trends Track | [Link](#)

1D: Grief and Loss: Supporting Children, Youth, and Families

Populations w/ Specific Service Needs Track | [Link](#)

1E: The Intersection: Substance Misuse and Suicide Prevention

Prevention Track | [Link](#)

1F: Integrating Family Support | Community Reinforcement and Family Training (CRAFT)

Challenges and Solutions in Rural Communities Track | [Link](#)

1G: Preventing Substance Use Among Young Adults with Disabilities

Women, Children, and Families Track | [Link](#)

1H: Intersecting Epidemics: Substance Use and Tuberculosis

Co-Occurring Health Conditions Track | [Link](#)



If you are uncertain which evaluation to fill out, please consult the FAQ's page

DAY 1 – PM EVALUATIONS

2A: Dialectical Behavioral Therapy in SUD Treatment

Clinical Track | [Link](#)

**2B: Trauma-Informed Engagement: Strategies for
Compassionate Safety in Youth Treatment**

Mental Health Track | [Link](#)

**2C: Beyond Statistics: Tackling Youth Substance Use with
Effective Interventions**

Opioids, Stimulants, & other Emerging Trends Track | [Link](#)

2D: Nutrition, Substance Use and Recovery

Populations w/ Specific Service Needs Track | [Link](#)

**2E: Level Up Youth Engagement: Practical Strategies for
Community-Based Substance Use Prevention**

Prevention Track | [Link](#)

2F: Tuning Up Your Ethical Game!

Challenges and Solutions in Rural Communities Track | [Link](#)

2G: Adolescent Engagement Through Motivational Interviewing

Women, Children, and Families Track | [Link](#)

2H: Hepatitis C, HIV, and Substance Use Disorders

Co-Occurring Health Conditions Track | [Link](#)

P2: Uncovering the Hidden: Substance Use in Guam

Plenary Track | [Link](#)



DAY 2 – AM EVALUATIONS

P3: Cannabis Use Disorder – Evidence Based Practices

Plenary Track | [Link](#)

3A: Competency Based Clinical Supervision

Clinical Track | [Link](#)

3B: Effectively Addressing Compassion Fatigue and Burnout

Mental Health Track | [Link](#)

**3C: Beyond the Headlines: Understanding and Addressing
Emerging Drug Trends**

Opioids, Stimulants, & other Emerging Trends Track | [Link](#)

3D: Healing Our People, Honoring Our Roots

Populations w/ Specific Service Needs Track | [Link](#)

**3E: Engaging Faith Communities in Primary Substance Use
Prevention**

Prevention Track | [Link](#)

**3F: Motivating Health Change Through Trauma-Informed
Messaging: Nutrition Messaging for Recovery Communities**

Challenges and Solutions in Rural Communities Track | [Link](#)

**3G: Behavioral Interventions: Working with Populations at
Risk for HIV and Stimulant Use Disorder**

Women, Children, and Families Track | [Link](#)

**3H: Perinatal and Reproductive Healthcare for People Living
with HIV**

Co-Occurring Health Conditions Track | [Link](#)



DAY 2 – PM EVALUATIONS

4A: Radical Hospitality Starts Within: Self-Care as a Core Contingency Management Strategy

Clinical Track | [Link](#)

4B: Effectively Addressing Compassion Fatigue and Burnout

Mental Health Track | [Link](#)

4C: Medications for Addiction Treatment on Guam: Update

Opioids, Stimulants, & other Emerging Trends Track | [Link](#)

4D: Innovative Programs for Youth

Populations w/ Specific Service Needs Track | [Link](#)

4E: Media in Prevention: Social Media Best Practices

Prevention Track | [Link](#)

4F: Culture As Health

Challenges and Solutions in Rural Communities Track | [Link](#)

4G: Hope Dealers: Guam's Peer-Led Youth Empowerment Prevention Programs

Women, Children, and Families Track | [Link](#)

4H: Care Without Barriers: Street Medicine for HIV and Substance Use

Co-Occurring Health Conditions Track | [Link](#)

P4: Compassionate Care for Youth who Use Substances

Plenary Track | [Link](#)

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FAQ'S



FREQUENTLY ASKED QUESTIONS



What is the Post-Conference Evaluation?

The Post-Conference Evaluation is a general evaluation. We ask that you complete this evaluation after attending your **final** session. You only need to submit it one time. We greatly appreciate your feedback. We will send the evaluation link in our post-conference follow-up email (it is also included in this brochure).

What if I need Continuing Education (CME/CE) credit?

All workshops are eligible for one (1.0) continuing education credit/contact hour, with select sessions eligible for one (1.0) CME or pharmacy credit/contact hour. Earn up to eight (8.0) CE/CME credits by attending all 4 plenaries and 1 workshop per block.

If you would like to receive continuing education/continuing medical education credit for any sessions you attend in full (at least 50 minutes), please complete the CE/CME evaluation that corresponds to your license or certification. Each Plenary and Workshop has its own set of evaluations. These evaluation links can be found in the Evaluation section.

Please note: if you don't complete an evaluation for each session you attend, you won't receive continuing education credit. Everyone will receive a Certificate of Attendance.

Which evaluation should I fill out?

That depends on the type of credit you're seeking:

- **CE (Continuing Education):** For most behavioral health and addiction professionals. This includes Licensed Marriage and Family Therapists (LMFTs), Licensed Clinical Social Workers (LCSWs), Licensed Professional Clinical Counselors (LPCCs), Licensed Educational Psychologists (LEPs), certified Substance Use Disorder Treatment Counselors, Peer Support Specialists and other behavioral health specialists/clinicians.
- **CME (Continuing Medical Education):** For Physicians (DO, MD), Nurse Practitioners (NP), and Physician Assistants. CME credit is only offered for select sessions, please double-check the agenda to see if CME credit is available. These sessions are indicated with a STAR. Please note all Plenary sessions offer CME credit.
- **PSY:** For psychologists through the American Psychological Association.
- **RN:** For registered nurses through the California Board of Registered Nursing.
- **Pharmacy:** For pharmacists through the Michigan Pharmacists Association.

Not sure which one applies to you? No problem— please email Brandy Oeser at boeser@mednet.ucla.edu.

Everyone will receive a Certificate of Attendance.

When will I get my certificate?

Certificates are usually sent out **6 weeks** after the conference. With nearly 1,000 attendees, it takes time to process everything, so thank you for your patience! Our team works hard to make sure you get the right certificate as soon as possible.

Other Helpful Things to Know:

- **Check your email.** Certificates will be sent to the email address you provide in your evaluation(s). Make sure it's entered correctly.
- **Tech hiccups?** If an evaluation link isn't working, try refreshing or pasting it into your browser. Still stuck? Please contact Brandy Oeser at boeser@mednet.ucla.edu.
- **Need a resend?** If you lose your certificate, email us and we'll send it again.

Thank You
si Yu'os mā'ase
Mahalo
Kommol
Gracias
Ke Mesulang

