Core Competencies to Address Opioid Use Disorder

Gloria M. Miele, PhD Monday, August 26, 2024



Indigenous Land Acknowledgement

We live and work on unceded ancestral lands of Indigenous people who were removed unjustly and that we, in our non-Native communities across the nation, are the beneficiaries of that removal. UCLA is a land grant institution on Tongva and Gabrielino land.

We offer respect for all Indigenous people and their sovereignty.

Whose land are you on?

Option 1: Text your zip code to 1-855-917-5263

Option 2: Enter your location at https://native-land.ca

Option 3: Access Native Land website via QR Code:







What we say and how we say it inspires the hope and belief that recovery is possible for everyone.

Affirming, respectful, and culturally-informed language promotes evidence-based care.

PEOPLE FIRST

Language Matters

in treatment, in conversation, in connection.



National Immunization Awareness Month (NIAM) is an annual observance held in August to highlight the importance of vaccination for people of all ages. Together, we can help raise awareness about the importance of vaccination and encourage people to talk to a healthcare provider they trust about staying up to date on their vaccinations.



Overdose Awareness Week August 26-31, 2024



#iOAO2O24 August 31
#ENOOVEROOSE



Disclosures

None of the presenters, planners, or others in control of content for this educational activity have relevant financial relationships to disclose with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.



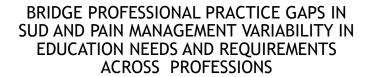
The National
Academy of
Medicine's Core
Competency
Framework





Why is this needed?







PRIORITIZE MINIMUM CORE COMPETENCIES FOR ALL HEALTH PROFESSIONALS



EVALUATION AND TRACKING OF PROFESSIONAL COMPETENCE



Development process

- "Environmental Scan" and review of educational standards and criteria related to pain and substance use across disciplines
 - Professional societies (ASAM, ABAM, AMERSA, pharmacy, dentistry, oncology, psychology, pain)
 - ► Medical Schools
 - Dental Schools
 - ► Federal guidance (SAMHSA, DEA)



Key themes

- ► Education is evidence-based, biopsychosocial, and multidisciplinary Acknowledge social determinants of health
- ► Pain and addiction are chronic diseases that require interprofessional team-based care
- ► Encourage clinicians to acknowledge stigma and bias related to pain and addiction



Gaps in criteria

- ► Health literacy, patient privacy, consent
- Patient expectations and treatment goals
- Addressing comorbidity
- Educating families/patients
- Recognizing negative bias and stigma



Overview of Competencies

- Emphasizes team-based care
- Supports innovation across health professions
- ► Focused on capacity to act effectively in complex, diverse, and variable situations



NAM's Core Competency Domains

Core Knowledge
Collaboration
Clinical Practice

Performance Domain: Core Knowledge

General Competency 1: Foundational Knowledge

General Competency 2: Applied Knowledge

Performance Domain: Collaboration

General Competency 3: Patient- and Family-

Centered Practices

General Competency 4: Team-Based Care

Performance Domain: Clinical Practice

General Competency 5: Health Systems and

Environment

General Competency 6: Professionalism

Holmboe, E., S. Singer, K. Chappell, K. Assadi, A. Salman, and the Education and Training Working Group of the National Academy of Medicine's Action Collaborative on Countering the U.S. Opioid Epidemic. 2022. The 3Cs Framework for Pain and Unhealthy Substance Use: Minimum Core Competencies for Interprofessional Education and Practice. NAM Perspectives. Discussion Paper, National Academy of Medicine, Washington, DC. https://doi.org/10.31478/202206a.



Core Knowledge

Foundational Knowledge Pain, unhealthy substance use, comorbidities Stigma - self, societal, clinician Clinical practice guidelines and evidence-based practices

Applied Knowledge Recognizing and assessing pain, risky substance use and SUD

Develop and apply intervention skills

Understand relationship between stigma and biases as related to disparities and inequities



Patientand Family-Centered Practices

Address individual and family needs/autonomy
Recognize stigma - self, societal, clinician
Focus on cultural competency and health equity
Practice evidence-based communication, MI
Be trauma-informed
Share lived and living experience

Collaboration

Team-Based Care

Understand roles in health care team

Develop collaborative relationships across settings and professions

Recognize and eliminate stigma against care teams

Recognize consumers, families, caregivers as members of the team



Health Systems and Environment

Recognize social determinants of health, structural barriers
Understand clinician-level stigma and impact
Learn appropriate use of data, guidelines, resources
Understand harm reduction

Clinical Practice

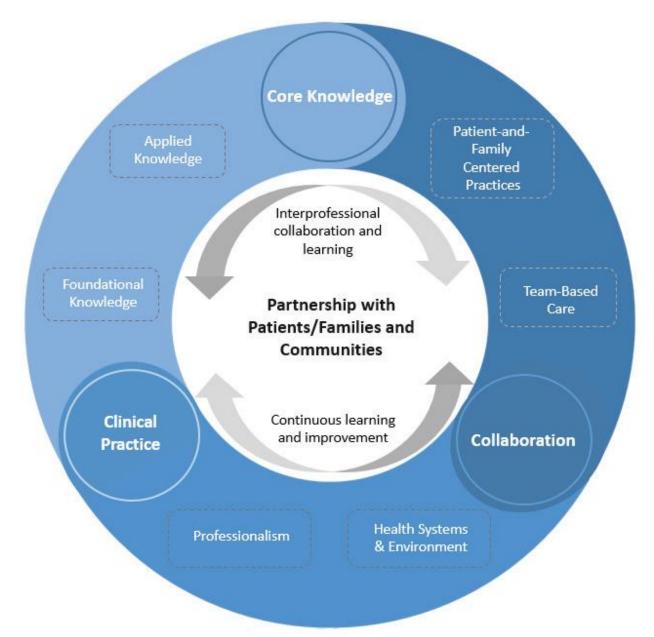
Exercise self-care

Professionalism

Engage in interprofessional CE that supports lifelong learning Address and reflect on implicit bias and attitudes Demonstrate compassion, empathy and support; meet patients where they are



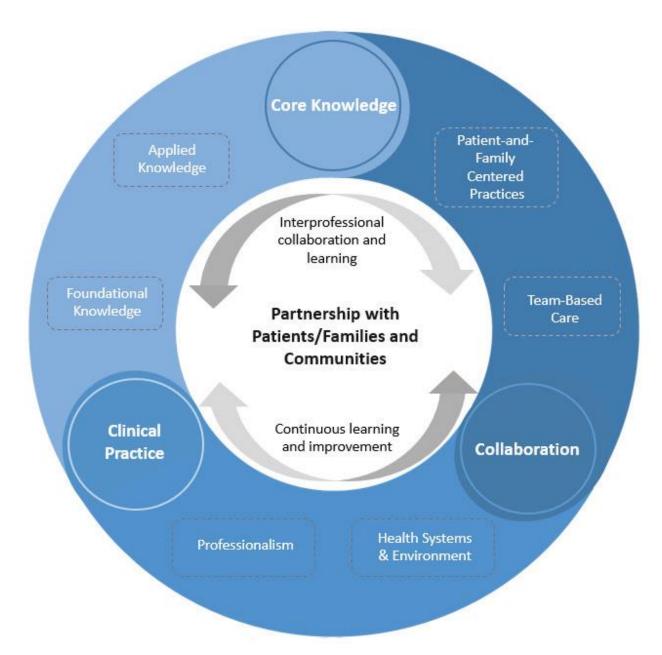
The 3 Cs Framework





Which competencies are priorities for providers in your health system?

For yourself?





Core Competency Implementation Pilot Project



UCLA ISAP Pilot Site

- ▶ 16 sites throughout the country
- Medical schools, health centers, emergency responders, training centers
- UCLA ISAP's priorities:
 - MAT ECHO Clinics
 - ► PSI Webinars
 - Ensuring learning objectives reflect competencies
 - ► Addressing changes in practice

Self-Paced Learning Opportunities

Stigma

Courses for clinicians interested in addressing stigma related to addiction

Claim up to four (4.0) credit hours of CE/CME

- Dismantling Stigma: Addiction, Treatment, and Policy (1.0 credit hour)
- Stigma in Healthcare (1.0 credit hour)
- Social Determinants of Health and Cultural Competency in Substance Use
 Treatment (1.0 credit hour)
- Understanding the Impact of Structural Racism on Clinical Care: Lessons from HIV and COVID-19 (1.0 credit hour)



Scan the code or visit <u>https://bit.ly/StigmaSUD</u>

https://psattcelearn.org/









Accredited Courses

Individualized Learning Plan

Qualifies for MATE Act DEA Requirement



David Geffen School of Medicine

Integrated Substance Abuse Programs





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